# Topics Highlighted in the Course Are:

- First Trimester Vaginal Bleeding
- Vaginal Bleeding in Late Pregnancy
- Preterm Labor / PROM
- Labor Dystocia
- Intrapartum Fetal Surveillance
- Forceps and Vacuum
- Malpresentations
- Shoulder Dystocia
- Diagnostic Ultrasound
- Neonatal Resuscitation
- Birth Crisis
- Risk Management
- Postpartum Hemorrhage
- Maternal Resuscitation (fall 2000)
- Repair of Third and Fourth Degree Lacerations (fall 2000)
- Cesarean Delivery (fall 2000)

"What I liked most about the course was having a lot of needed information presented in a concise manner, the organization of the material, and the practical training."

"I had a good knowledge of the basics and used them in my practice, but the course added to and increased my confidence."

"What I liked the best about the instructor course was the emphasis on self evaluation! Giving feedback!
Excellent role modeling!"

"Teaching skills taught in this course are all applicable. Great faculty development opportunity! Course faculty uniformly excellent!"

## Disclaimer

There are many appropriate ways of managing emergencies. The treatment guidelines presented in the ALSO® courses do not necessarily represent the only way to manage problems and emergencies. Instead, these guidelines are presented as reasonable methods of management in obsterical emergencies. Each maternity care provider must ultimately exercise his or her own professional judgement in deciding on appropriate action in emergency situations. Completion of an ALSO® Provider Course and/or Instructor Course do not imply competency to perform the procedures discussed in the course materials.









## **ALSO®** Provider Course

The two day course is for maternity dare providers including physicians, nurses and other clinicians practicing in many different settings. The course provides a detailed didactic and procedural review of emergencies, which may arise in obstetrics.

The course consists of required syllabus reading lectures and small group workstations, utilizing pervice mannequins and other appropriate medical equipment.

Implementing Agencies:

Juzoor for Health and Social Development is a Palestinian non-governmental organization working at the national level. Founded in 1996, Juzoor's vision is a healthier Palestine, where all Palestinians achieve the highest standard of well-being. Juzoor works according to three main strategies; Improving health and social policies; Camunity Development and Continuous Professional Development (CPD). The aim of Juzoor's activities in CPD is to participate in improving the performance of health providers and the quality health services through introducing evidence based trainings and models.

In 2004 Juzoor obtained the exclusive license from the AAFP to conduct ALSO in Palestine and in the region. The introduction of ALSO in Palestine has improved access to, standardization and quality of emergency obstetric care, enhanced the teamwork approach to obstetric emergencies and facilitated dialogue and interactions between different healthcare professionals in the field of reproductive health. In agreement with the Palestinian OB/GYN and Pediatric Associations, this course is considered as part of the continuing education of medical professionals.

#### Overall goals of the ALSO Provider Course:

- Assist maternity care providers in developing and maintaining the knowledge and skill needed to effectively manage problems which can occur during pregnancy.
- Provide widely disseminated educational courses, presented by local faculty in their own communities, that can help standardize emergency obstetrical procedures.
- Facilitate coordination of care and collaborate interaction between all maternity care providers.

#### Overall objectives of the course:

At the completion of the provider course, the participant should be able to:

- Discuss ways of improving the management of obstetrical urgencies and emergencies, which may help standardize the skills of practicing maternity care providers.
- Successfully complete the course written test and megadelivery testing station.

For more information on AAFP's ALSO® Provider Courses or to receive a current course listing call 1-800-274-2237 or access the AAFP's ALSO® web page at http://www.aafp.org/also.The e-mail address is dwinslow@aafp.org.

For more information on ALSO courses in the West Bank and Gaza, call Juzoor at 02-2414488. The email address is info@juzoor.org

## ALSO® Instructor Course

The one day ALSO® Instructor Course is sponsored by the AAFP several times a year across the United States. It is also administered in Canada, the United Kingdom, Haiti, and Brazil. This course focuses on specific teaching skills required for the didactic lectures, hands on small group workshops and testing stations presented in the provider courses. The course focuses on faculty development, giving effective feeback, teaching in small group workstations and how to evaluate participants in the two testing components used in the provider course.

Eligible attendees are physicians, certified nurse midwives and registered nurses who have successfully completed an ALSO® Provider Course. Achieving full approved instructor status is a three step process:

- Successful completion of an ALSO® Provider Course.
- Successful completion of an ALSO® Instructor Course, which designates the individual as an instructor candidate.
- Successful completion of teaching requirements within one year of completing the instructor course. The candidate's teaching performance must be evaluated by an attending advisory faculty member. If teaching requirements are not accomplished within one year after completion of the instructor course, staus will revert back to the provider level.

As an approved instructor, you provide an interactive learning experience for participants in order to assist them in obtaining the knowledge and skills offered by the provider course.

The AAFP's promotion of your approved instructor status will provide you with more opportunities to participate as faculty in ALSO® courses nation wide.

### الإنعاش المتقدم أثناء التوليد، Advanced Life Support in Obstetrics - ALSO

برنامج معتمد من الاكاديمية الامريكية لأطباء العائلة AAFP، ويهدف الى مساعدة المهنيين/ات الصحيين/ات على بناء وتطوير المعارف والمهارات العملية اللازمة لتدبير حالات الولادة الطارئة التي يمكن أن تحدث أثناء تقديم رعاية التوليد. وإلى تحسين الوصول إلى الرعاية الطارئة أثناء التوليد من خلال توحيدالمعايير والمفاهيم لهذه الرعاية وتحسين جودتها.

كما يعزيز نهج العمل كفريق في حالات الطوارئ المتعلقة بالتوليد وتقوية التفاعل والتعاون بين الأطباء والقابلات، وفي تيسير الحوار بين أطباء الأمراض النسائية والتوليد وأطباء الأطفال الذين يشاركون في دورات التدريب على إنعاش المواليد المرتبطة ببرنامج .ALSO ويعقد هذا التدريب على مدار يومين كاملين.