#### Juzoor's

# **Annual Report 2021**







# About Juzoor

Juzoor is a Palestinian non-Governmental organization working at the national level, dedicated to improving and promoting health as a basic human right. Juzoor, "roots" in Arabic, was established in 1996 by a group of Palestinian experts and pioneers in various fields, particularly the field of community health.

Juzoor is dedicated to improving the health and well-being of Palestinian individuals, families, and communities. The name Juzoor ('roots' in Arabic) is evidence of our commitment to addressing the underlying socioeconomic determinants of health and wellness. Our holistic approach to health promotion and disease prevention reflects our belief that health (physical, emotional, mental, and social) is a basic human right for all people.

Juzoor works on multiple levels with community-based organizations, service providers, governmental bodies, international organizations, and the community at large (particularly women, children and youth). We operate in East Jerusalem, the West Bank, and Gaza.

Juzoor is a Palestinian non-governmental organization working in the West Bank and Gaza. It is dedicated to improving the health and well-being of Palestinian individuals, families, and communities.

#### Letter from the Chair

Dear Partners,

It is with great pleasure that I present to you Juzoor's 2021 Annual Report. Founded in 1996, Juzoor remains at the forefront of our efforts to improve the lives of all Palestinians and continues to make progress towards health and social development. Two key elements have helped us implement a successful health and social development strategy. The first is our active integration of core values into program initiatives; by ensuring that each initiative reflects our vision and mission, Juzoor remains unique in its holistic, rights-based approach to health. The second is our effective engagement with a range of stakeholders, from community health workers and health providers to Ministry of Health officials and national legislators.

This year once again we have demonstrated that the most successful health and social development efforts

are those that actively prioritize, promote, and protect rights and empower people to make informed choices

We are deeply grateful for the support of our funders and partners, whose partnerships are vital to our ability to maintain high quality programs. Finally, our accomplishments were also made possible by the invaluable input and hard work of our dedicated staff and remarkable Board of Directors.

Dr. Saro Nakashian Chair of the Board

#### Letter from the Director

Dear Friends,

I am pleased to present to you the Annual Report for 2021. Juzoor is a unique organization working on the social determinants of health and human rights. Despite the tough and complex political, social and economic situation, along with the pandemic, 2021 was still an expansion year for us.

This year we worked on the life cycle approach in the West Bank and Gaza inclusive of early childhood development, in particular, nurturing care, adolescents, adults and elderly, persons with disabilities, and other marginalized groups to include them in our programming.

Through our three main programs, we have been working hard on community health and social development initiatives that make a real difference in the lives of Palestinians.

Our organization is renowned for its unwavering dedication to the well-being of Palestinians, collaborative team dynamics, and high standards of integrity. As a consequence of these attributes, Juzoor remains a leading actor in addressing today's health and social challenges in Palestine.

Finally, this year the words 'thank you' just don't seem big enough to express my deep appreciation to our donors, Juzoor's board, partners, advisors and others for their support.

With hope,

Dr. Umaiyeh Khammash Director Juzoor for Health and Social Development







### Continuous Professional Development (CPD) Program

A cadre of health professionals trained in the latest evidence-based methods and practices is a key component of a well- functioning health system, one that is adaptable to meet the needs of the population.

In line with Juzoor's belief that an effective health system is one that can adapt to meet the needs of the population, the Continuous Professional Development (CPD) Unit was established in 2003 as a strategic instrument to improve health and social services in Palestine.

The CPD contributes to performance improvement of health providers through standardizing skills according to evidence-based guidelines and practices, improving access to high-quality care, and facilitating interactions and dialogue between Palestinian health providers.

Over the last decade, Juzoor has focused on implementing a number of activities in the CPD Unit to upgrade the knowledge base and to improve the technical skills and performance of providers in various service settings throughout Palestine.

Juzoor's philosophy is that human resource development is a crucial element in not only developing skills, knowledge, and attitudes, but also in helping to create an enabling environment whereby organizations can perform effectively, efficiently, and in a sustainable manner.

# With your support in 2021...

- 649 individuals were trained in American Heart Association Courses (AHA) under our license as an accredited American Heart Association International Training Center
- 24 doctors and nurses were trained in Helping Babies Breathe (HBB)
- 18 doctors and midwives were trained in Advanced Life Support in Obstetrics (ALSO)
- 20 surgeons were trained in Basic Surgical Skills (BSS) in cooperation with the Royal College of Surgeons, Edinburgh

All courses were implemented to healthcare and non-healthcare providers from the **WEST BANK**AND GAZA.

Of the participants, **635 HEALTHCARE PROVIDERS**, and **14 NON-HEALTHCARE PROVIDERS**.

#### THE COURSES WERE HELD FOR:

Caritas Baby Hospital
Augusta Victoria Hospital
Al Makassed Hospital
Birzeit University
An Najah Hospital
Hayat Training Center – Islamic University Gaza
Qatar Red Crescent (Gaza)
Private Courses

Now, all the AHA trainees have enhanced skills to improve and increase survival outcomes, providing a safer and better equipped society.



With support from the World Health Organization and Qatar Red Crescent...

150

staff members from the Ministry of Health in Gaza recieved training in ACLS and BLS courses.

The trainees now have the skills to recognize the signs of someone needing CPR and providing proper CPR for infants, children and adults, perform as an effective team member during multi rescuer CPR, recognize and perform early management of respiratory arrest, equipped with the knowledge of all the steps of the chain of survival, and provide effective ventilation using a barrier device, etc.

All with the goal to improve patient survival rate.







Juzoor, with support from the Catholic Relief Services (CRS), carried out a Healthcare Certified Quality Practitioner (HCQP) and Healthcare Certified Infection Preventionist Control (HCIP) courses throughout the West Bank and Gaza.

The Health Care Certified Quality Practitioner Course and the Healthcare Certified Infection Control Preventionist course are certification courses that span over a period of around 6-10 months, including the theoretical and practicum, all through to completing the certification requirements. Successful candidates receive their certification which is valid for two years.

# In 2021...

20 INDIVIDUALS
(12 from the West
Bank and 8 from Gaza)
PARTICIPATED in the
HCQP COURSE

29 INDIVIDUALS
(18 from the West
Bank and 11 from Gaza)
PARTICIPATED in the
HCIP COURSE





In 2021...

94 INTERN DOCTORS

were TRAINED

22 DOCTORS found JOBS

Our Interns Doctors Program is a highly needed and competitive training program as it fills an important labor market gap while meeting multiple societal needs such as improved health.

With funding from the Finance for Jobs F4J, and in partnership with the Palestinian Medical Council (PMC) and Education for Employment (EFE), Juzoor developed an evidence based training curriculum for beneficiaries who have failed the PMC Accreditation Exam to better prepare them for the retake, become qualified doctors, and assist them with their transition into employment.

The Curriculum is based on adult learning methods and consists of training modules including, specialized medical domains (such as internal medicine, pediatrics, obstetrics, and emergency medical care), non-specialized domains (research, ethics, Palestinian health system including local protocols), and English for Doctors. In addition, the participants receive workplace skills such as such as communications, teamwork, leadership, time management, CV writing, and job interview preparation that enhance the participants' chances to apply for and secure a residency position and/or a job.



Juzoor, with support from the Arab Fund for Economic and Social Development through Taawon, is facilitating the medical specialty and sub-specialty and Nursing Training for Palestinian Doctors and Nurses in various countries. The countries include the UK, Lebanon, Jordan and Canada through joint partnerships with the Foundation for Al Quds University Medical School (FQMS), and the American University of Beirut (AUB).

The program offers opportunities for training in vital areas where there is a shortage in specialists. The aim is to support the empowerment of human resources in the health sector by ensuring the availability of trained, qualified medical specialists in Palestinian health institutions.

### To Date...

51 SCHOLARSHIPS were GRANTED

20 DOCTORS
COMPLETED
their training and
RETURNED

31 ONGOING

This program provides a more equipped and sustainable Palestinian healthcare system by increasing the number of qualified doctors and nurses in a wide range of specialties and minimizes the burden of referrals abroad.

# Contributing to the COVID -19 Emergency Response Effort Through Nursing Training and Engagement into Sustainable Economic Opportunities

With support from UN Women, and in partnership with Education for Employment (EFE) – Palestine, Juzoor took quick action to respond to the pandemic by implementing another emergency project: "Contributing to the COVID -19 emergency response effort through nursing training and engagement into Sustainable Economic Opportunities."

Through this project, Juzoor targets marginalized areas of vulnerable and disadvantaged people severely affected by the COVID-19 outbreak throughout the West Bank.

The project's goal is to directly respond to the country's emergency situation and improve the livelihoods of **40 vulnerable young women nurse** graduates through unique model of adult learning in medical and non-medical skills, innovative employability, employment trainings in digital, soft and/or technical skills linked to increased market access, career-launching jobs in high-demand sectors.

Through this project, Juzoor conducted a research on the market needs and analysis, and identified approaches addressing the different Palestinian health care providers in order to try to secure jobs for the nurses.

The trained nurses now have the education and skills needed and are more capable and qualified to actively participate in the job placement process and find a job.



**6 MONTH INTERNSHIP** at primary health care clinics

**50 HOURS** of training on soft skills.

**24 HOURS** of medical English course for nurses.

#### **TECHNICAL TRAINING**

including Basic Life Support (BLS), communications for health professionals, patient safety and quality of care, infection prevention and control, nursing ethics, UNSCR 1325 and GBV.

# Towards Empowering Women for the Job market and Potential Political Participation

With funding from UN Women, and in partnership with the Palestinian Food Industries Union and Al- Haram Women's Association, Juzoor is implementing the "Towards Empowering Women for the Job Market and Potential Political Participation" project. The goal of the project is to increase the participation of women in Hebron in the economic sphere with an increased likeness towards political decision-making to their protection concerns, and addresses and builds their leadership skills in local communities.

This project feeds into the promotion of the socio-economic recovery to contribute to the overall goal of the women peace and humanitarian fund and gender equal societies. Additionally, the project empowers women through building their capacities towards economic and political participation within their communities.

The trainings that will be conducted will cover sexual and reproductive health rights, GBV and gender equality, basic hygiene, self-hygiene, and infection prevention. The training will also include information on COVID-19, food processing, marketing and presentation of food product and basic leadership skills.



#### **30 GRADUATES**

were recruited

### **300 WOMEN**

were trained on SRHR, communication skills, goalsetting and how to plan for your future, lobbying and advocacy, community mobilization, gender and gender roles, GBV, cybersafety, nutrition, and food processing and safety.



### Community Development Program

Juzoor's Community Development Program responds to the strategic aim of "contributing to supporting and upgrading the health and social status of the Palestinian people" through working on the following:

- Promoting healthy lifestyles to enhance quality of life and prevent non-communicable diseases
- Enhancing family protection by focusing on violence prevention, care, and referral
- Why is SRHR an important focus area for Juzoor?

The Community Development Program stresses the importance of youth and womens' empowerment, supports marginalized communities, and protects families against gender-based violence through the promotion of sexual and reproductive health rights. Juzoor works directly with community members to develop solid community-based models that empower women, engage youth, and promote healthy nutrition.

The following are our projects and achievements under Juzoor's Community Development Unit in 2021:

# 25 Ongoing Projects:

### 11 National Projects

1
Social Impact
Investment Project;
the first of its kind
in the Middle East
Region

# Sexual and Reproductive Health for Adolescents Project

Juzoor, with support from Save the Children and in partnership with Qader, DCA and Maan, started this project in 2009.

This project aims to enhance the protection of children and adolescents between the ages of 10-17 from GBV and harmful practices, through promoting their SRHR rights and improving the quality of child/adolescent friendly SRHR information and services and improving policymaker and stakeholder support for child and adolescent-centered SRHR information and services.

We also aim to increase responsiveness and willingness of duty-bearers to enforce provisions of laws in relation to corporal punishment /physical and sexual abuse and Child Protection.

# Main Achievements

- 100,000 PEOPLE were TRAINED on SRHR MANUALS
- Today, it is a **NATIONAL PROGRAM**

# In 2021...

- An educational SRHR mobile game was developed and launched, targeting children and adolescents' ages between 10-18 years.
- An **all inclusive manual** to include the needs of children with disabilities was developed.
- 1 national conference was held.
- **15 SRHR and GBV** posters were distributed.
- **5 videos** were produced.



66 I want to help young people have access to gender-responsive health services and equip them with the knowledge they need when making decisions.

Khader Kiswani
 A newly certified SRHR Instructor







An online SRHR game was developed and is now available in Android and Apple stores. This game targets children and adolescents' ages between 10-18 years old.

Save the Children

و ابحث: اعلم تسلم

Around **15** SRHR and GBV posters were distributed at trainings and schools to raise awareness.

#### Palestine National Diabetes Project

With support from the World Diabetes Foundation, Juzoor's National Diabetes Program has been focusing on preventing diabetes with the overall goal to implement a national community-based approach to diabetes care and prevention, adopting a holistic approach to building communities capacity to address NCDs, specifically diabetes. Working on the national level, Juzoor has partnered with multiple stakeholders including the Palestinian Ministry of Health, UNRWA, Dan Church Aid (DCA), and Augusta Victoria Hospital (AVH).

Due to its accomplishments and success in its first phase, and its high demand to create sustainable development, the World Diabetes Foundation has funded this program in its second phase (2020 - 2023) aiming to equip and prepare an additional **4** model clinics and **8** intermediate clinics for diabetes patients screening and treatment in the targeted areas of East Jerusalem.





# Nutrition Friendly Schools Initiative (NFSI)

This a global initiative by WHO/UNICEF and Palestine, through Juzoor, was the first country in the middle east region to implement the NFSI. The international NFSI was adapted in Palestine and translated into Arabic, and endorsed by the MoE, with support from a national NFSI steering committee.

With only about **6%** of families accessing enough food according to the H2 household survey, and under-nutrition on the rise, Juzoor, with support from UNICEF, aims to assist the government's efforts in a school-based multi-sector approach to address malnutrition among adolescent girls from the most vulnerable districts of the West Bank and the Gaza Strip.

The NFSI approach includes policy dialogue and advocacy with Palestinian authorities to change the education policy to promote adequate adolescent nutrition as well as a component focused on modeling and scaling-up effective interventions within schools and communities, including supporting capacity building activities for teachers, caregivers, children and community representatives, community mobilization initiatives and the provision of supplies such as micronutrient supplements.

What you learn when you are young, stays with you your whole life. We have a few cases of students that were screened and diagnosed with anemia through this project. These students actually benefited the most with this new healthy lifestyle as their health has improved.



 Mr. Amer Mowjahid Principal of Gerbil Zalloum School



#### Social Behavioral Change Communication (SBCC) Campaign

With funding from the World Food Programme (WFP), the SBCC targets women pregnant, lactating mothers, and mothers of children under 5 years old in Hebron, Yatta, Jericho areas in the West Bank and Khan Younis and Rafah areas in Gaza. The SBCC Campaign aims to prevent anemia through several activities including:

**Cooking sessions:** Cooking demonstration classes where women can learn about cooking nutritious, iron-rich meals.

**'Iron Chef' Contest:** A competition where contestants must prepare a meal around a certain theme or ingredient and judges decide whose is the best. The winner is rewarded.

Engagement with religious leaders in West Bank and Facilitators Session is Gaza to provide awareness sessions: Beneficiaries engage in leaders talk and support to provide awareness about the anemia.

**Grow your own garden**: **30** beneficiaries in West Bank and **20** in Gaza will take a session with an agricultural engineer to help the beneficiaries grow their own garden and iron rich plants.

# Beneficiaries throughout the WEST BANK AND GAZA:

- 411 Mothers
- 80 Grandmothers
  - 200 Fathers

WhatsApp group: The WhatsApp group is active for 4 days a week and each day includes an activity to make the group interactive.



#### Diabetes Prevention Program among Pre-Diabetic Refugee Camps Women

Continuing the efforts to combat diabetes, Juzoor, in cooperation with Bank of Palestine, Paltel, Portland Trust and UNRWA, started a pre-diabetes prevention program in Palestine. Juzoor worked closely with UNRWA clinic staff members to identify and contact the pre-selected women participants. All the participants went through a full screening process and completed all the necessary tests at the UNRWA clinics. This program is being implemented on the national level with strong partnerships with stakeholders within the Palestinian health system. The main goal of the project is to reduce the onset of Diabetes Type 2 among **150** pre-diabetic women through healthier lifestyle modification by 5-7% reduction in body weight among participant women and a minimum of **150** minutes of physical activity per week.

This program has been carefully designed to help the targeted women in five refugee camps of Amary, Qalandia, Jalazoun, and Shofat and Beit Sureek village to change their lifestyle. To ensure positive outcomes, the lifestyle coach in each camp keeps track of the participants weight, fitness activities, and what they eat.

In response to the COVID-19 pandemic and to maintain monitoring women weights under the lockdowns and movement restrictions and gathering regulations, Juzoor has provided the 150 women with weight scales and kept following up through WhatsApp groups and informative videos about healthy eating and physical activity. These all purposed to maintain the participants' motivation and attachment to the program's goal.



### Achievements:

- This program is the FIRST SOCIAL IMPACT BOND SUCCESS IN THE REGION.
- World Diabetes Foundation has supported the implementation of this program for 1,500 new refugee camp women in 10 camps, as part of the National Diabetes Program.
- **40% of the participants** have reached the 5-7% weight loss goal of their original weight.
- Women practice physical activities at the UNRWA clinics at each camp; using the fitness equipment that Juzoor provided through the program.
- Juzoor is also targeting all other **non-communicable diseases** risk factors.
- UNRWA has adopted this program into their system as a prevention program, reducing the number of diabetic patients and the costs of their treatment



Following the escalations in Gaza in May 2021, Juzoor launched an urgent appeal to provide much needed support for the children of Gaza. The Young Women's Christian Association (YWCA) and YWCA Japan quickly responded to the appeal and supported Juzoor's two summer camps for girls in Eastern and Western Gaza. The summer camps targeted 50 young girls from the 4th- 6th grades, and another 50 young girls from the 8th -10th grades, and an additional 100 children through YWCA - Japan. Each camp was held for 5 days, which included three days of activities in rotating corners, a field trip/educational and recreational day, and an open day and closing ceremony.

"The summer camp was a beacon of hope for me and other students. We managed to break the routine, fear and barriers. We participated in several activities and functions, which rekindled hope in us. I am hopeful that such camps will take place again soon." - Lamar Ayesh, 9th grade student



This activity gave the children of Gaza a sense of normality after the war by providing fun for the children, alleviated stress, boosted mental and physical health, and promoted positive coping mechanisms in a safe environment. The activity also included psychosocial support by educational counsellors to help the students vent out their fears and frustration, through drawing, songs, fames, psychodrama, completions, and talking about dealing with the war and its difficult exposures.





## Policy Dialogue & Adocacy Program

As a national development organization, Juzoor works consistently and closely with the relevant institutions in Palestine (primarily the Ministry of Health, which leads the national strategy for development in the Palestinian health sector and the Ministry of Education, and Ministry of Womers' Affairs). Juzoor has also worked closely with UNRWA health program, the main provider of health and social services to a large segment of the Palestinian society in refugee camps and other areas where Palestinian refugees live. Juzoor prioritizes health and social policies and advocates policy development in these sectors via:

- Development of white papers on specific policies
- Participation in regional and international conferences and advocacy campaigns
- Preparation of research and development of reliable sources of information
- Involvement in policy dialogue

Making sure areas in Palestine that are most neglected, specifically areas in Gaza and Jerusalem, Juzoor maintains its work in both areas and strives to scale up and expand its presence. Through maintaining an office and a team of capable staff and consultants, as well as a good network of partner NGOs, Juzoor has been able to provide quality interventions to support the fragile health system in Gaza. The focus of our work in Gaza ranged from providing emergency system support and training to improving infection prevention practices, providing specialization scholarship opportunities to physicians, and assessing postnatal care services.

## Achievements:

- 2 National Conferences
- 1 Regional Conference
- 2 National Campaigns
  - 2 research papers
  - 2 policy papers
- 4 assessment papers

#### Palestinian Health Policy Forum (PHPF)

Juzoor was one of the co-founders of the Palestinian Health Policy Forum and has been hosting it since its inception in 2005. Juzoor believes that health is a basic human right, and is not just a biological state that focuses on diseases and patients, however, it is a social, economic, and political issue that is directly connected to national development and affected by multiple factors.

The purpose of the forum is to strengthen and support national health policy in a manner that is consistent with human rights and social justice. The main purpose is to influence decision- makers to adopt policies and strategies suitable for the Palestinian development context and respond to the needs and aspirations of people ensuring universal access to quality health care.

The vision of the PHPF is to contribute to the creation of a Palestinian Health System that is able to respond to the health needs of the Palestinian people and to the challenges of the current context. Furthermore, to focus on the importance of public participation in planning, implementation, and evaluation of strategies; to adopt an evidence-based approach to choosing interventions and health programs, including the provision of quality health care in a manner that is sustainable and contributes to the improvement of the health situation of the Palestinian community in coordination with other development sectors.

The founders of the PHPF have found an opportunity to contribute to the reform of the health sector and to revitalize public debate related to health policies and programs in a way that is consistent with Palestinian national interest.



#### Palestine Adolescence Health Coalition

Juzoor, in partnership with the MoH and UNFPA, formed the first Palestine Adolescence Health Coalition in May 2018. Today, there are 30 member organizations including international and national organizations, UN agencies, the Ministry of Health and Ministry of Education.

#### The coalition's main achievements for 2021:

- The coalition supported the MoH in initiating the Adolescent Health Unit in the MoH and has developed the strategic framework for SRHR for adolescents.
- 15 trainings were conducted to build the capacity of the Coalition members on SRHR of adolescents including people with disabilities, how to communicate with adolescents and cyber-safety.
- A Palestine Adolescence Health Coalition website was created to include all the information and activities conducted under the Coalition.

## Activities conducted under the COVID-19 Emergency Plan:

- A virtual meeting was held for adolescents from the West Bank and Gaza to identify their main concerns during the pandemic and how it is impacting their lives. 25 adolescents ages 13-18 participated in the meeting.
- Two films were developed; one on how to cope with the lock-down and the second video provided tips for students going back to school and the best safety measures to take.
- An advocacy brief on adolescents' and COVID-19 was published.



### Sexual Reproductive Health and Rights, Gender-Based Violence and Youth

Juzoor, with support from UNFPA, is implementing the SRHR, GBV and Youth Project - making adolescents and youth a priority. Youth in Palestine comprise 30% of the population, of which 38.1% are adolescents aged 15-19 and 61.9% aged 20-29.

Through this project, Juzoor and UNFPA have been advocating for comprehensive sexuality education by enhancing capacities to develop and implement policies, and mechanisms, that prioritize access to information and services for sexual and reproductive health and reproductive rights for young people, especially for those furthest behind.

## Through this project:

- THE 2ND ADOLESCENT HEALTH
   CONFERENCE was held
- YOUTH INFORMATION CENTERS were established.
- THE ADOLESCENT HEALTH UNIT was established in the Palestinian Ministry of Health, along with a strategic framework for the Unit.
- AN ADOLESCENT COALITION WEBSITE was developed.
- AN ADOLESCENT HEALTH MANUAL for schools was developed.
- **AN ONLINE COURSE** was developed for teachers to improve their knowledge and attitudes towards gender-based violence and other forms of violence.
- **100 SERVICE PROVIDERS** were trained on preconception care.



### Strengthening CSOs to Work Together to Promote Adolescent and Youth SRHR in Palestine

With support from Amplify Change, and in partnership with the Adolescent Health Coalition, this project was designed to contribute to improved sexual and reproductive health of young people, adolescents, and schoolchildren in Palestine.

The project contributes to the promotion of ageappropriate and gender-sensitive SRHR education, information, services with the overall goal to increase the access of schoolchildren, adolescents and youth to age-appropriate and gender-sensitive SRHR education, information, services.

Under this project, there are **27 COALITION MEMBERS** (Local and international NGOs, UN agencies, Ministry of Health and Ministry of Education) and **1,000 YOUNG ADOLESCENT** (girls and boys).

## Through this project:

- AN AMPLIFIED ECHO has been created within the Palestinian communities, ministries, and local and international organizations of the importance of improved sexual and reproductive health of young people, adolescents, and schoolchildren.
- MORE THAN 25 ORGANIZATIONS are working collectively towards improving the health and SRH of Adolescents.
- A PROTOCOL FOR ADOLESCENT FRIENDLY
   HEALTH SERVICES in Primary Health care
   centers and a training for three health centers
   was conducted to pilot and test the protocol.
- YOUTH INFORMATION CENTERS have been established to allow for the accessibility of vital information and sit-downs with trained counselors.



## November Diabetes Awareness Campaign

A yearly campaign takes place each November to raise awareness about diabetes prevention and management.

Juzoor, in partnership with the Ministry of Health, Bank of Palestine, World Diabetes Foundation and the Lions Club International held this campaign this year under the slogan, "You sweeten your life, if there were no sugar in it".









#### TO HONOR WORLD DIABETES MONTH, THIS YEAR...

**3,000 PEOPLE** were reached through the **AVH MOBILE CLINIC** where they were provided screening and treatment services

**CHILDREN OF GAZA** made and flew **BLUE KITES** in recognition of the day.

**3 ELDERLY HOMES** were visited reaching **120 ELDERLY PERSONS**. They were given gifts including health snacks, and gluco-check devices and strips.

**500,000 PEOPLE** were reached through national radio spots conducted by Juzoor's team to shed some light on the facts of diabetes in Palestine.

**AWARENESS BOOTHS** were set up in 3 hospitals in Toubas, Bethlehem and Ramallah governorates.

**200,000 VIEWS** on partner and Juzoor's social media platforms highlighting the campaign activities and related posts.

## Breast Cancer Awareness Campaign

Breast cancer is the leading cause of cancer deaths among women. With the aim at improving early detection and to raise awareness, Juzoor organizes a yearly campaign. This year, Juzoor organized the 2020 national breast cancer awareness campaign under the slogan **"You are Stronger."** 

Juzoor conducted several activities to educate women and girls on breast cancer and healthy eating. The activities included TV shows, 50 women were screened for breast cancer, lectures were held to raise awareness on early detection for breast cancer, follow-up sessions with women who were recently diagnosed with breast cancer, and fun day activities for stress relief for breast cancer patients.



#### **Publications**

This year, Juzoor conducted (2) two research papers, (2) two policy papers, and (4) three assessments:

## RESEARCH AND POLICY PAPERS:

Impact of COVID on Psychosocial and Mental Well-being of Adolescents

#### **ASSESSMENT:**

To assess the efficiency of outside medical referrals (OMR) in West Bank and Gaza ASSESSMENT: Sexual and Reproductive Health Rights: Gaps in Policy in Selected Palestinian Institutions RAPID ASSESSMENT:

Impact of the Crisis of Adolescents in Gaza

#### AN ADVOCACY BRIEF:

Adolescents' Health & COVID -19

The Palestinian Adolescent HealthCoalition

## RESEARCH AND POLICY PAPERS:

The Use of Social Media and its Influence on Palestinian Adolescents' Health Behaviors and Well-being

## 4th Mena Regional Adolescent Health Conference

Juzoor was a co-organizer for the 4th Mena Region Adolescent Health Conference, along with the Arab Coalition for Adolescent Health and Medicine.

The 4th IAAH MENA (Middle East and North Africa) region adolescents' health conference was held in-person on December 1st – 3rd, 2021 in Hurghada, Egypt.

The main theme of the regional conference is:

#### "Adolescents' care; leaving no one behind"

The conference aimed at breaking the silence around the unmet needs of the large and increasing cluster of disadvantaged adolescents in the Middle East and North Africa Region suffering from chronic illness or disabilities; being an ethnic minority or living in a low socioeconomic environment or displaced due to political violence. It also emphasized that investing in adolescents' health, development and well-being in general, is the most cost-effective investment a nation can make for the future.





# Adolescent Health Under Emergency And Beyond Conference 2021

Juzoor, in coordination with the Palestinian Coalition for Adolescent Health, and in partnership with the Adolescent Health Coalition, conducted the second Adolescent Health Conference 2021 in the West Bank and Gaza, under the title:

# "Adolescent Health under Emergencies and Beyond... Burdening Responsibilities Weighing on Narrow Shoulders"

The main objective of the conference was to shed the light on the challenges facing adolescents in Palestine in general and under emergencies in specific and how these challenges are mitigated. The conference also examined the social media platforms and their impact on adolescent health, their mental ad sexual and reproductive health.

This conference was supported by Amplify Change and United Nations Population Fund (UNFPA).







# Elderly People: An Investment in Sustainable Development and Population of Palestine Conference

Juzoor, under the patronage of His Excellency the Minister of Social Development, Dr. Ahmad Majdalani, and Her Excellency the Minister of Health, Dr. Mai Al-Kaila, in partnership with the UNFPA, and in cooperation with the Palestinian Health Policy Forum, organized the "Elderly People: An investment in sustainable development and population of Palestine" conference, under the slogan of the third sustainable development goal (SDG3):

## "To ensure healthy lives and promote well-being for all at all ages."

The conference was held to respond to the need to improve the lives of the elderly, and to support their social, economic, health and cultural rights to live in dignity. The conference shed light on elderly needs, relevant policies, legislations, the quality of services and care provided to them.







# Preconception Care: Integration of Preconception Care at the 16th Conference

Juzoor, with support from UNFPA and Italian Cooperation in partnership with MoH, UNRWA and NGO Health organizations in Palestine have been working on the integration of Preconception Care in Palestine to enhance Maternal and Child Health (MCH) outcomes and maximize the benefits for Child, Maternal and Family Health and the Community Health in general.

In line with the integration plan of the Preconception Care into the existing Reproductive and Maternal and Child Health services, Juzoor led the process in close cooperation and coordination with national partners to generate the National Guidelines for Health providers that were launched in January 2020. Juzoor also developed the training curriculum and material on Preconception care.

Training workshops on the integration of Preconception Care into practice of health centers in Gaza and West Bank were conducted.

Additionally, community awareness sessions on PCC were conducted in line with the clinical practice and implementation. Job-aid and health promotional material were developed, printed and disseminated to all participants.

In line with the activities to promote preconception care in Palestine, Juzoor presented the "Integration of Preconception Care" at the 16th Conference of the Palestinian society of Obstetricians and Gynecologists in November 2021.



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#### Juzoor's Staff

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Dr. Salwa Najjab

Senior Health Advisor

Dr. Yehia Abed

Program Director, Gaza

Lama Hasan

Director of Finance & Administration

Rihab Sandouka

Director of the CDD

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Senior Finance & Administrative Manager

Jennifer Dabis

Senior Policy & Advocacy Manager **Majd Hardan** 

Marketing & Communication Senior Manager

Dr. Elias Habash

Family Health Advisor

**Khawla Abudiab** 

Family Health Advisor

**Faten Tannous** 

Senior Training Manager

Marina Zayed

Senior Project Manager

Shaban Mortaja

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**Ivan Carmi** 

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**Haneen Safi** 

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**Yousef Rabah** 

IT & Website Officer

**Geroge Aburdeneh** 

Logistics Officer

Sireen Khammash

Project Manager

Rania Abuaita

Project Manager

Ansam Shakhshir

Project Manager

**Ameed Al-Assali** 

Training Program Officer

**Abeer Al-Jamal** 

Field Coordinator

**Khadrah Dweib** 

Field Coordinator

**Abeer Jaber** 

Field Coordinator

**Moath Hajiji**Office Support

**Sara Shawamreh** *Office Support* 

Arafat Shnaina

Driver

### Partners and Supporters Circle

Arab Fund for Economic and Social Development

UNICEF

UNFPA

UN Women

**UNRWA** 

Save the Children

**OXFAM** 

World Diabetes foundation

Work Health Organization (WHO)

Amplify Change

World Food Program (WFP)

World Vision

Taawon

Lions Clubs International

Finance for Jobs (F4J)

Education for Employment (PEFE)

Portland Trust

Care International

World Bank

Italian Agency for Development Cooperation AICS

The International Committee for the Development of

Peoples (CISP)

KIT Royal Tropical Institute

The Swiss Tropical and Public Health Institute (Swiss TPH)

YWCA

YWCA - Japan

Ard El Insan

PALCH - Palestine's Children

Palestine Child Institute

Eastern Mediterranean NCD alliance

Palestinian Family planning association

Arab Network for ECD

Early Childhood Resource Center (ECRC)

Health Care Accreditation Council (HCAC)

Catholic Relief Services (CRS)

### Partners and Supporters Circle

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Al Quds University

Al Najah University

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American University of Beirut, School of Medicine

Arab Resource Collective, ARC, Beirut

Arab Coalition for Adolescent Health and Medicine

MENA Health Policy Forum

The Foundation for Al-Quds University Medical

School (F.Q.M.S.)

Bank of Palestine

Palestinian Health Policy Forum

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