



About Juzoor

Juzoor is a Palestinian non-Governmental organization working at the national level, dedicated to improving and promoting health as a basic human right. Juzoor, "roots" in Arabic, was established in 1996 by a group of Palestinian experts and pioneers in various fields, particularly the field of community health.

Juzoor is dedicated to improving the health and well-being of Palestinian individuals, families, and communities. The name Juzoor ('roots' in Arabic) is evidence of our commitment to addressing the underlying socioeconomic determinants of health and wellness. Our holistic approach to health promotion and disease prevention reflects our belief that health (physical, emotional, mental, and social) is a basic human right for all people.

Juzoor works on multiple levels with community-based organizations, service providers, governmental bodies, international organizations, and the community at large (particularly women, children and youth). We operate in East Jerusalem, the West Bank, and Gaza.

Juzoor is a Palestinian non-governmental organization working in the West Bank and Gaza. It is dedicated to improving the health and well-being of Palestinian individuals, families, and communities.

LETTER FROM THE CHAIR

Dear Partners,

I am excited to introduce Juzoor's 2022 Annual Report to you. As a humanitarian organization founded in 1996, Juzoor has been continuously striving to enhance the lives of Palestinians and make progress towards health and social development. We are proud to say that we remain at the forefront of our efforts, and we have achieved significant milestones in the past year.

Our success can be attributed to two key elements that have helped us implement an effective health and social development strategy. The first is our active integration of core values into program initiatives. By ensuring that each initiative reflects our vision and mission, Juzoor remains unique in its holistic, rights-based approach to health.

The second is our effective engagement with a range of stakeholders, from community health workers and health providers to Ministry of Health officials and national legislators. This approach has helped us build strong partnerships and collaborations, which are critical to achieving our goals.

This year, we have made tremendous progress in our efforts to provide access to quality healthcare, education, and social services to marginalized and vulnerable communities in Palestine.

Thank you for your continued support and partnership. We look forward to continuing our journey towards a brighter future for all Palestinians.

Dr. Salwa Najjab Chair of the Board

A WORD FROM THE DIRECTOR

I am thrilled to present to you Juzoor's Annual Report for 2022. Juzoor is a unique organization that focuses on the social determinants of health and human rights. Despite the tough and complex political, social, and economic situation, we are proud to report that 2022 was a year of expansion for us.

In recent years, Juzoor worked on the life cycle approach in the West Bank and Gaza, inclusive of early childhood development, nurturing care, adolescents, adults, elderly, persons with disabilities, and other marginalized groups. We are committed to including all members of our community in our programming.

Through our three main programs, we have been working tirelessly on community health and social development initiatives that make a real difference in the lives of Palestinians.

Our organization is renowned for its unwavering dedication to the well-being of Palestinians, collaborative team dynamics, and high standards of integrity. As a consequence of these attributes, Juzoor remains a leading actor in addressing today's health and social challenges in Palestine.

Finally, I would like to express my deep appreciation to our donors, Juzoor's board, partners, advisors, dedicated staff, and others for their unwavering support. Without their dedication and contributions, we would not be able to continue our vital work.

With hope,

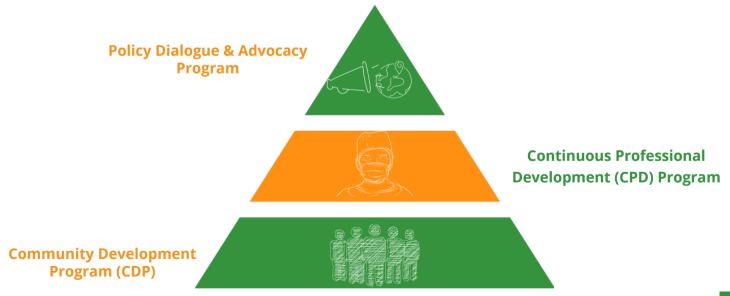
Dr. Umaiyeh Khammash Director Juzoor for Health and Social Development





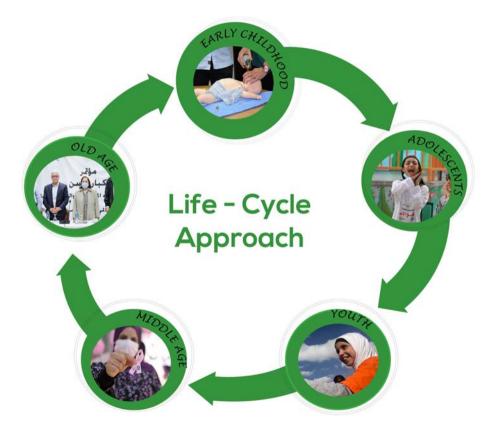
JUZOOR'S PEOPLE-CENTERED APPROACH TO THE LIFE CYCLE

Juzoor operates through three main programs to implement a life cycle approach, recognizing that an individual's well-being and capabilities, especially their health, are influenced by interconnected factors. These factors include access to healthcare, living in a safe environment, and the accumulation of education, training, and skills. Juzoor acknowledges the importance of specific life stages in this process, with an emphasis on early childhood and subsequent developmental milestones including adolescence, youth, middle age, and old age. Juzoor is dedicated to addressing all areas of the life cycle through its programs:



Juzoor Builds a Healthier Life for All

Through the...



JUZOOR'S COMMUNITY DEVELOPMENT PROGRAM (CDP)

This program seeks to empower individuals and groups with the skills needed to effect change within their communities.

Juzoor's Community Development Program responds to the strategic aim of "contributing to supporting and upgrading the health and social status of the Palestinian people" through working on the following:

- Promoting healthy lifestyles to enhance quality of life and prevent non-communicable diseases
- Enhancing family protection by focusing on violence prevention, care, and referral
- Protecting the sexual and reproductive health and rights of young people in Palestinian communities.

The Community Development Program stresses the importance of youth and womens' empowerment, supports marginalized communities, and protects families against gender-based violence through the promotion of sexual and reproductive health rights. Juzoor works directly with community members to develop solid community-based models that empower women, engage youth, and promote healthy nutrition.





1 PROJECT

EARLY CHILDHOOD



Juzoor aims to ensure that children have a strong start in life. We believe that investing in their early years leads to positive long-term outcomes, not only for the children themselves but also for their families and communities. Through our ECD initiatives, we strive to create a nurturing and supportive environment that fosters the optimal development of young children.



Neonatal Program



In partnership with the MoH and with the support of UNICEF, Juzoor conducted the "Mapping and Assessment of Maternal, Neonatal, and Child Health Care Services in the West Bank, State of Palestine" in 2022. The main objective was to assess the, availability distribution, accessibility, and readiness of Maternal Neonatal and Child Health (MNCH) services in Palestinian hospitals and PHCs in the West Bank. This information aims to inform key national and international stakeholders and identify gaps in MNCH service delivery in the West Bank, including East Jerusalem. The survey evaluated the availability of essential resources for MNCH service delivery at neonatal, maternity, and PHC centers. This year under this program the following was achieved:

• THE "EVERY NEWBORN ACTION PLAN (ENAP)" is a global initiative aimed at prioritizing newborn health on the global health agenda. Its goal is to end preventable deaths of newborns and stillbirths, ensuring every pregnancy is wanted and every birth celebrated. Juzoor supported the MoH in coordinating and organizing ENAP activities and meetings in the West Bank and Gaza. In 2022, the National ENAP committee expanded to include new national and international partners who contribute to improving mother and child health. This expansion aims to attract more investments and secure additional resources to support the National ENAP strategic plan for enhancing Maternal, Neonatal, and Child health in Palestine. ENAP provides a valuable platform to address strategic priorities and improve the quality of Maternal, Neonatal, and Child Health services in Palestine. It brings together partners from Gaza and the West Bank to maximize collaborative efforts and align future activities in this field.

Con't of the Neonatal Program



- CONDUCTED ESSENTIAL AND ADVANCED NEONATAL RESUSCITATION PROGRAMME (NRP)

 TRAININGS for 137 nurses, midwives, and doctors working in neonatal and maternity units in the West

 Bank. An additional NRP training for 56 nurses and doctors was conducted in partnership with the Palestine

 Children's Relief Fund (PCRF), complementing the earlier trainings and providing more staff with the

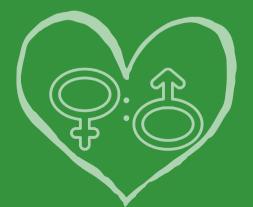
 opportunity to benefit from NRP training.
- TWO TRAINING WORKSHOPS ON PRECONCEPTION CARE were conducted in Ramallah in partnership with the MoH, targeting health supervisors and providers of reproductive health services at selected Health Centers in Nablus, Ramallah, and Jericho districts. A total of 64 doctors and nurses from different categories actively participated in the workshops, including family doctors, Ob. Gyn, GPs, staff nurses, midwives, and health supervisors in the three targeted districts.
- AN EVALUATION AND FEEDBACK WORKSHOP ON PRECONCEPTION CARE INTEGRATION took place on 21 November 2022 at the Juzoor Office in Ramallah. It had a total of 22 participants from PHC centers in Ramallah, Nablus, Jenin, Jericho, and Yatta. The workshop aimed to discuss achievements, obstacles, challenges, needs, and recommendations for the implementation of PCC.
- **JUZOOR ORGANIZED A NATIONAL WORKSHOP ON EARLY CHILDHOOD DEVELOPMENT**. During the workshop, Juzoor presented a comprehensive overview of the Palestine ECD/ECI model.

PROTECTION PROJECTS

ADOLESCENCE



In this year's annual report, Juzoor and its partners are dedicated to addressing the critical issue of adolescent health through six focused protection programs. These programs aim to provide protection and support to adolescents, ensuring their well-being and promoting healthy development during this crucial stage of life. Additionally, we have one project that promotes the protection of the Palestinian population from human rights violations, particularly in relation to the right to health and access to clean and safe water.



Protecting Sexual and Reproductive Rights for Adolescents





Starting in 2009, Juzoor is currently working on the Adolescent Health, Protection, and Development Program, which is an integrated approach that has expanded Juzoor's partnership with Save the Children. This project is being implemented in Tubas, Ramallah, and Jenin, with the overall goal of building stronger and safer communities to ensure the well-being of adolescents.

To achieve this goal, Juzoor is working closely with the Ministry of Health's Adolescent Health Unit to adopt a comprehensive approach to adolescent health, including sexual and reproductive health, mental health and psychosocial support, nutrition, lifestyle and risky behavior change, and protection and inclusion of the needs of adolescents living with disabilities. Additionally, Juzoor is strengthening policy and strategic frameworks of targeted governorates and municipalities/local governments on the protection of children and adolescent rights in health and development.

Juzoor is also enhancing the capacities of service providers and community-based organizations in the targeted communities, improving parental capacity to provide natural, effective, and safe care to their children, and developing service delivery networks and referral networks

Main Achievements

- Conducted 2-day training on adolescent-friendly protocols for 23 participants from different districts
- Developed tool to enable communication among health service providers for adolescent needs
- Finalized document for framework adoption by coalition members and adolescent health unit
- Established 2 Adolescent-led Interactive Resource Centers in Tubas and Ramallah for child/ adolescent health and development

These achievements will contribute to the overall success of program and help to ensure the well-being of adolescents in the targeted communities.





<u>Protection of Palestinian Adolescents</u> <u>from Violence, Abuse, and Harassment</u>



55

I initially assumed that this training would not add a lot to my experience of 9 with adolescent students, but I was pleasantly surprised by the amount of material and the various methods that may be used to detect the problems that could prevent harm.

At the end, these tools help us in dealing with the different challenges that adolescents face, particularly in light of the increased exposure to bullying, especially cyberbullying.

All thanks to Juzoor for this valuable contribution to the topic on adolescence mental health, and violence prevention in order to protect adolescents.

Mr. Adam Rafidi Friend school



With funding from the US Consulate, Juzoor is carrying out a project aimed at improving the safety of adolescents by introducing a suicide prevention program in schools. The project seeks to safeguard adolescents from negative experiences and potential risks such as cyberbully, cyber violence, sexual harassment, and assault, which can lead to psychological distress and suicidal tendencies.

This project targets female and male adolescents (between 10 and 19 years of age) in the West Bank. Juzoor has made significant progress in addressing mental health issues such as suicide and suicide attempts, which has opened up new avenues for further development in this area. As part of this project, Juzoor has also created the **first-ever suicide prevention manual in Palestine**, which is a major achievement in promoting mental health awareness and providing practical guidance for suicide prevention.

Suicide Prevention Manual



60+ Women were reached 40+ Counselors were reached Youth and adolescents 50+ were reached Parents were reached 30+ Policy brief towards suicide prevention

Masarouna Project -Sexual Reproductive Health and Rights (SRHR)





After Juzoor's training, a group of young journalists and I created a video to raise awareness about bullying, cyber safety, early marriage, and gender-based violence. We produced a video for our campaign using my skills in photography, editing, writing, and to present our video at the Adolescent and Youth Health Conference 2022.

- Issa Buji, a beneficiary journalist

Juzoor, with support from OXFAM, is implementing the Masarouna Project in the West Bank to mobilize the power of young people aged between 18 and 35 years old and support their sexual and reproductive health and rights (SRHR). The project aims to strengthen youth engagement in civil society and build new partnerships to lobby and advocate for SRHR, opening up space for their voices to be heard. The target group is young people between 18-35 years, with a target of 100 individuals, as well as CSOs and CBOS working with young people, with a target of 50 providers. Masarouna Project empowers young people to take control of their SRHR and advocate for their rights, leading to improved health outcomes and greater social and economic opportunities. By building partnerships and alliances, the project will also create a more supportive environment for young people to access the services and support they need to thrive.



Power to Choose Project

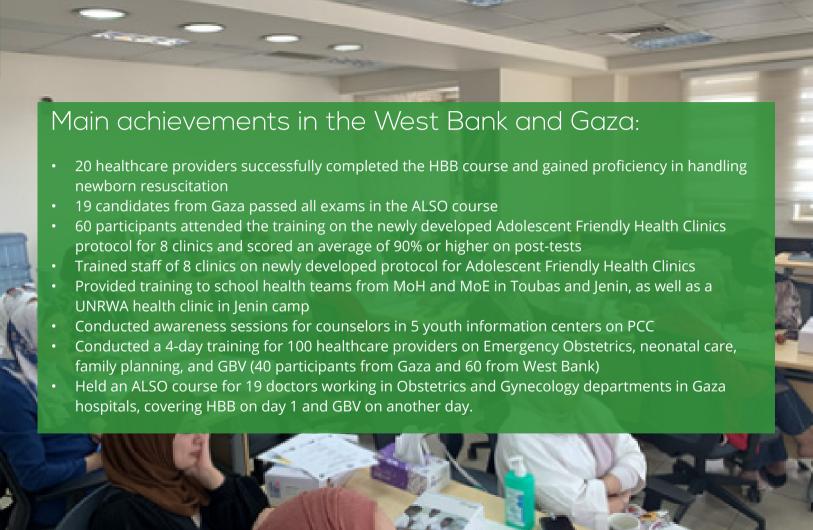


Juzoor, with support from OXFAM and in partnership with the Canadian Representative Office, is implementing the "Power to Choose" project which focuses on Sexual and Reproductive Health and Rights for Young Women and Adolescent Girls. This project targets service providers and counselors in school health teams, youth information centers, and adolescent friendly health clinics in the West Bank and Gaza.

The project aims to unify and expand the concept of Adolescent and Youth Friendly Health Services across relevant parties and locations, as well as create a referral mechanism between these parties. Additionally, the project aims to raise awareness among counsellors on preconception care and enable them to transfer knowledge and disseminate information on the importance of preconception care to youth visiting youth information centers







<u>Sexual Reproductive Health and Rights,</u> Gender-Based Violence and Youth



Juzoor, with support from the United Nations
Population Fund (UNFPA), is currently implementing
the SRHR, GBV and Youth Project in Palestine.
The project focuses on addressing the sexual and
reproductive health needs of adolescents and youth
in the country, with a particular emphasis on genderbased violence (GBV).

Adolescents and youth make up a significant portion of the Palestinian population, with **30%** falling within this age group. Of this population, **38.1%** are adolescents aged **15-19**, while **61.9%** are aged **20-29**. Given the unique health needs of this demographic, Juzoor and UNFPA have made it a priority to advocate for comprehensive sexuality education and to enhance capacities to develop and implement policies and mechanisms that prioritize access to information and services for sexual and reproductive health and reproductive rights for young people.

Through this project:

- THE 3RD ADOLESCENT HEALTH CONFERENCE was held.
- YOUTH INFORMATION CENTERS were established
- THE ADOLESCENT HEALTH UNIT was established in the Palestinian Ministry of Health, along with a strategic framework for the Unit.
- AN ADOLESCENT COALITION WEBSITE was developed.
- AN ADOLESCENT HEALTH MANUAL for schools was developed.
- AN ONLINE COURSE was developed for teachers to improve their knowledge and attitudes towards gender-based violence and other forms of violence
- **100 SERVICE PROVIDERS** were trained on preconception care.



<u>Strengthening CSOs to Work Together to</u> <u>Promote Adolescent & Youth SRHR</u>



With support from Amplify Change and in partnership with the Adolescent Health Coalition, Juzoor has designed a project aimed at improving the sexual and reproductive health of young people, adolescents, and schoolchildren in Palestine. The project focuses on promoting age-appropriate and gender-sensitive SRHR education, information, and services, with the overall goal of increasing access to these resources for schoolchildren, adolescents, and youth.

This project has brought together 27 coalition members, including local and international NGOs, UN agencies, the MoH, and the MoE. These members work collaboratively to advocate for policies and programs that prioritize the sexual and reproductive health needs of young people in Palestine. Additionally, the project has engaged 1,000 young adolescents, both girls and boys, to ensure that their voices and perspectives are included in the development and implementation of SRHR programs and policies.

In 2022:

- AN AMPLIFIED ECHO has been created within the Palestinian communities, ministries, and local and international organizations of the importance of improved sexual and reproductive health of young people, adolescents, and schoolchildren.
- MORE THAN 25 ORGANIZATIONS are working collectively towards improving the health and SRH of Adolescents
- A PROTOCOL FOR ADOLESCENT FRIENDLY HEALTH SERVICES in Primary Health care centers and a training for three health centers was conducted to pilot and test the protocol.
- YOUTH INFORMATION CENTERS have been established to allow for the accessibility of vital information and sit-downs with trained counselors.



RIGHTS - Protection and human rights for vulnerable Palestinian communities in Area C (Health, Water and Hygiene)



Juzoor, in collaboration with CISP and CESVI and with funding from AICS, is implementing the RIGHTS project with the aim of promoting the protection of the Palestinian population from human rights violations, particularly in relation to the right to health and access to clean and safe water.

The primary objective of the project is to promote the protection of the Palestinian population from human rights violations, with a particular focus on the right to health and access to clean and safe water. The project aims to achieve this by improving access to high-quality primary services, including water and health, for vulnerable Palestinian communities in Area C of the West Bank.













خدمات رعاية الام والطفل حق لكل النساء بما فيها مناطق التي تصنف ج

Mother and child care services are a right for all women..... Including areas C



In this year's annual report, Juzoor and its partners are committed to addressing the critical issue of nutrition through two focused programs. These programs aim to support the government's efforts in tackling malnutrition among adolescent girls in the most vulnerable districts of the West Bank and the Gaza Strip. Additionally, we aim to promote good nutrition in early childhood development and provide practical guidance on ensuring children receive appropriate nutrition for their age and developmental stage.

Nutrition Friendly Schools Initiative (NFSI)





The implementation of a nutrition program in Palestine is crucial due to the prevalence of malnutrition in the region. The World Food Programme reports that approximately 1.3 million people in Palestine are food insecure, which means they lack access to sufficient nutritious food to meet their daily requirements.

Juzoor, in partnership with the MoE and with support from UNICEF, launched this initiative to address the issue of malnutrition. The program is **the first of its kind in the Middle East region**.

The program aims to support the government's efforts in addressing malnutrition among adolescent girls from the most vulnerable districts of the West Bank and the Gaza Strip. The program adopts a school-based multi-sector approach, which includes policy dialogue and advocacy with local authorities to promote adequate adolescent nutrition.

The NFSI Initiative, which has been adapted and translated into Arabic, is endorsed by the Ministry of Education with support from a national NFSI steering committee. The program also focuses on modeling and scaling-up effective interventions within schools and communities, including capacity building activities for teachers, caregivers, children, and community representatives, community mobilization initiatives, and the provision of supplies such as micro-nutrient supplements.



Achievements throughout the WEST BANK AND GAZA:

- THIS IS THE FIRST INITIATIVE OF ITS KIND IN PALESTINE
- 44 schools now have increased capacity to develop and implement evidence-based nutrition friendly policies
- **5 videos** produced
- 20 schools underwent infrastructural
- maintenance and received equipmen
- 20 schools conducted child lead initiatives
- **730 teachers** have received training on NFSI through ToT
- **60% of students** have improved their knowledge, behavior, and practices on importance of adequate nutrition through setting up the NFSI in selected locations
- 100 HCP were trained on MCNNP from the MoH, UNRWA and health care providers from different health institution in Palestine

<u>Prevention of malnutrition among</u> children



Juzoor has been working in partnership with the Ministry of Social Development (MOSD), Ministry of Health and Education, and the Early Childhood Resource center (ECRC) to implement a program aimed at strengthening the national Early Childhood Development (ECD) system in Palestine. The program is being funded by UNICEF and focuses on supporting the provision of high-quality ECD services.

The program is specifically targeted towards Health Care Providers (HCP) who work in the ECD sector. Over the course of this year, the program has achieved several significant milestones. One of the key achievements has been the capacity building of nursery supervisors in MOSD. This has been done through a series of training sessions and workshops that have helped to enhance the skills and knowledge of these supervisors.

Another major achievement of the program has been the successful implementation of a national nutrition workshop on ECD and nutrition. This workshop was designed to raise awareness about the importance of good nutrition in early childhood development and to provide practical guidance on how to ensure that children receive the right nutrition for their age and developmental stage.

Overall, the Juzoor program has made significant progress in strengthening the national ECD system in Palestine. By working in partnership with key stakeholders and focusing on building the capacity of HCP providers, the program helps to ensure that children in Palestine have access to high-quality ECD services that will support their healthy development and future success.



3

Non Communicable Diseases Prevention Projects

MIDDLE AGE



Juzoor is actively involved in addressing non-communicable diseases (NCDs) in Palestine and has undertaken significant projects in this area. One notable initiative is our groundbreaking social impact bond program for diabetes, which is the first of its kind in the region. By focusing on prevention and early intervention of NCDs, our program aims to reduce the incidence and impact of NCDs, improve the quality of life and alleviate the strain on healthcare systems. We work on the national level and closely with healthcare providers, community organizations, and stakeholders to ensure the successful implementation and sustainability of the program.



Palestine National Diabetes Program



Juzoor's National Diabetes Program, with support from the World Diabetes Foundation, has been working towards preventing diabetes by implementing a community-based approach to diabetes care and prevention. This national program aims to build the capacity of communities to address non-communicable diseases (NCDs), specifically diabetes by adopting a holistic approach. Juzoor has partnered with various stakeholders, including the MoH, MoE, UNRWA, Augusta Victoria Hospital, Lions Club, and Bank of Palestine.

Juzoor is also working on a related program including the Diabetes Prevention Program among Prediabetic. This year, the program has achieved several milestones, including the strengthening of the national committee of NCDs, updating the Gestational Diabetes Protocol, activating the electronic system at two selected MoH model clinics, and conducting a national workshop on Bone Health & Diabetes.





<u>Diabetes Prevention Program among</u> <u>Pre-Diabetic Refugee Camps Women</u>



Juzoor recognizes that diabetes is a growing health concern in Palestine. According to the World Health Organization, the prevalence of diabetes in Palestine is estimated to be around 13%, which is higher than the global average of 8.5%. Therefore, Juzoor is continuing its efforts to combat diabetes through a program implemented in cooperation with Portland Trust and UNRWA on a national level.

The program aims to reduce the onset of Diabetes Type 2 among 150 pre-diabetic women through healthier lifestyle modifications, including a 5-7% reduction in body weight among participants and a minimum of 150 minutes of physical activity per week. To ensure the success of the program, Juzoor has established strong partnerships with stakeholders within the Palestinian health system. Juzoor has also worked closely with UNRWA clinic staff members to identify and contact preselected women participants.

By working with partners and stakeholders, Juzoor hopes to make a significant impact in reducing the prevalence of diabetes in Palestine and improving the overall health and well-being of Palestinian people.

This program has been designed to help the women in five refugee camps of Amary, Qalandia, Jalazoun, and Shofat and Beit Sureek village to change their lifestyle. To ensure positive outcomes, the lifestyle coach in each camp keeps track of the participants weight, fitness activities, and what they eat.





2022 Achievements:

- This program is the FIRST SOCIAL IMPACT BOND SUCCESS IN THE REGION.
- World Diabetes Foundation has supported the implementation of this program for 1,500 new refugee camp women in 10 camps, as part of the National Diabetes Program.
- **40% of the participants** have reached the 5-7% weight loss goal of their original weight.
- Women **practice physical activities** at the UNRWA clinics at each camp; using the fitness equipment that Juzoor provided through the program.
- Juzoor is also targeting all other **non-communicable diseases** risk factors.
- UNRWA has adopted this program into their system as a prevention program, reducing the number of diabetic patients and the costs of their treatment

Social and Behavioral Change Communication (SBCC) Campaign



I have a family of fourteen. I am a mother, an aunt, a grandmother, a neighbor, and part of a big family. All the knowledge I gained from this project, I transferred to the people surrounding me. I benefited greatly from this project.

- Areej Al Nathseh, a beneficiary

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Throughout 2022, our team remained dedicated to supporting Palestine in their efforts to prevent anemia. Thanks to funding from the World Food Programme (WFP), we were able to implement a Social and Behavior Change Communication (SBCC) campaign targeting pregnant women, lactating mothers, and mothers of children under 5 years old in Hebron, Yatta, Jericho areas in the West Bank and Khan Younis and Rafah areas in Gaza.

With the goal to improve maternal and child health outcomes, the SBCC Campaign utilizes a variety of activities to prevent anemia, including cooking sessions to teach participants about nutritious, iron-rich meals, awareness sessions, educational sessions for adolescents, gardening sessions, psychosocial sessions, and an iron chef contest. Additionally, a fun day for children was held in Gaza this year.



PROJECT

OLD AGE



Incorporating old age programming into our work allows Juzoor to meet the diverse needs of the population we serve. It ensures that elderly people receive the necessary support, resources, and opportunities to age gracefully, maintain a high quality of life and enjoy a healthy ageing process. By recognizing and addressing the unique challenges faced by older adults, we can contribute to their overall well-being and promote a more inclusive and equitable society.



Training of Trainers: Social Protections for Older Persons in Palestine

Juzoor, in partnership with Help Age International, International Labor Organization, and Al Wedad Organization, hosted a three-day training of trainers on Social Protections for Older Persons in Palestine.

Participants from the West Bank and Gaza attended the training through Zoom. An average of 16 participants from various organizations and government bodies attended the training, with a focus on individuals involved in the health and rights of older people in Palestine.

The training included presentations, working group sessions, and discussions. Guest speakers and some of the participants, including Mounir Kleibo (ILO), Charis Reid (ILO), Ghanem Omar (MOSD), Raghda Al Azza (Qader), Chandranshu (HelpAge), and Chris McIvor (HelpAge), made statements.







JUZOOR'S CAPACITY BUILDING PROGRAM



Continuous Professional Development (CPD) Program

This program contributes to improving the performance of health and social service providers. A cadre of health professionals trained in the latest evidence-based methods and practices is a key component of a well- functioning health system, one that is adaptable to meet the needs of the population.

In line with Juzoor's belief that an effective health system is one that can adapt to meet the needs of the population, the Continuous Professional Development (CPD) Unit was established in 2003 as a strategic instrument to improve health and social services in Palestine. The CPD contributes to performance improvement of health providers through standardizing skills according to evidence-based guidelines and practices, improving access to high-quality care, and facilitating interactions and dialogue between Palestinian health providers.

Over the last decade, Juzoor has focused on implementing a number of activities in the CPD Unit to upgrade the knowledge base and to improve the technical skills and performance of providers in various service settings throughout Palestine.

Juzoor's philosophy is that human resource development is a crucial element in not only developing skills, knowledge, and attitudes, but also in helping to create an enabling environment whereby organizations can perform effectively, efficiently, and in a sustainable manner.

With your support in 2022, Juzoor conducted trainings for 1,200 beneficiaries...



- 242 INDIVIDUALS TRAINED in American Heart
 Association Courses (AHA) under our license
 as an accredited American Heart Association
 International Training Center
- 62 DOCTORS AND NURSES TRAINED in Helping Babies Breathe (HBB)
- 61 DOCTORS AND MIDWIVES TRAINED in Advanced Life Support in Obstetrics (ALSO)
- 68 NEWLY GRADUATE NURSES TRAINED in Communication Skills and Ethical Dimensions in Medical and Health Practice
- 193 DOCTORS AND NURSES TRAINED in neonatal resicitation program (NRP)

- 64 DOCTORS AND NURSES TRAINED in Preconception care
- 40 SURGEONS TRAINED in Basic Surgical Skills (BSS) in cooperation with the Royal College of Surgeons, Edinburgh
- 30 SURGEONS AND RESIDENT SURGEONS
 TRAINED in Hostile Environment Surgical
 Training (HEST) in cooperation with David Knot
 Foundation
- 20 HEALTHCARE PROVIDERS TRAINED in Trauma & Disaster Team Response (TDTR)
- 120 HEALTH CARE PROVIDERS family health TTP
- 300 COMMUNITY TRAINING HANDS ONLY CPR

All of our courses are implemented to healthcare and non-healthcare providers from the **WEST BANK AND GAZA**.

Of the 242 participants, 222 WERE HEALTHCARE PROVIDERS, and 20 NON-HEALTHCARE PROVIDERS.

THIS YEAR, THE COURSES WERE HELD FOR:

Al Makassed Hospital,
An Najah University,
Hayat Training Center – Islamic University Gaza,
UNRWA
NGOs from West Bank and Gaza
nian Ministry of Health, Education for Employment (EFE)
Red Crescent Hospital - Jerusalem,
World Health Organization (WHO) Gaza,
Private Courses





Under the Arab Fund for Economic and Social Development Project, Juzoor, along with the Royal College of Surgeons of Edinburg implemented two twin BSS courses for 40 surgeons in West Bank and Gaza from MoH and NGO Hospitals....

The trainees now have the skills to safe surgical practices, utilizing demonstrations and handson skills-stations that emphasize proper surgical techniques. This course sets the standard for safe, basic surgical techniques common to all forms of surgery including safe abdominal incision and excision of lesions, the suturing of skin, bowel and blood vessels, and tying of knots, handling sutures and surgical instruments. The practical stations involve the use of surgical instruments on animal tissue models.

All with the goal to improve patient survival rate.





Hostile Environment Surgical Training (HEST)

Juzoor and the David Nott Foundation collaborated to provide training on hostile environment surgical training (HEST) to 34 surgeons in Ramallah, Palestine.

The training utilized a combination of lectures, videos, discussions, and practical exercises, including suturing prosthetic organs and blood vessels and demonstrations on a bespoke simulator model.

The course met the urgent needs of Palestinian doctors.





Interns Doctors Program

Our Interns Doctors Program is a highly needed and competitive training program as it fills an important labor market gap, while meeting multiple societal needs such as improved health.

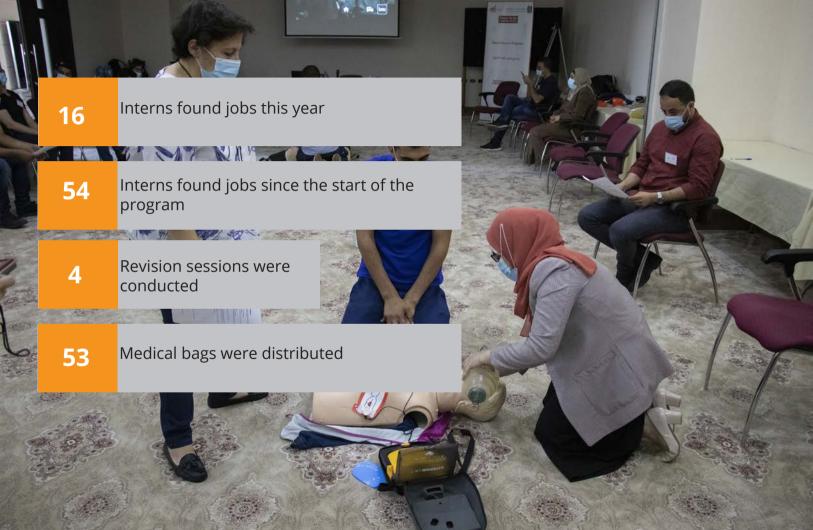
With funding from the Finance for Jobs F4J, and in partnership with the Palestinian Medical Council (PMC) and Education for Employment (EFE), Juzoor developed an evidence based training curriculum for beneficiaries who have failed the PMC Accreditation Exam to better prepare them for the retake, become qualified doctors, and assist them with their transition into employment.

The project aims to target young intern doctors that studied abroad, took the Palestinian accreditation exam, at least once, and did not pass.

It also aims to build their capacities to qualify and equip them with to be employed and integrate them in to the health system. Juzoor designed an innovative training program and implemented the training in three cohorts.

The training built key professional skills needed to ensure best and safest patient care through competencies in the domains of medical knowledge, clinical skills, professional attitudes, behavior and ethics combined with communication skills and multidisciplinary teamwork.





Scholarship Program

Medical Specialty, Sub-specialty, and Nursing Training



Juzoor, with the support of the Arab Fund for Economic and Social Development, is playing a crucial role in facilitating medical specialty and sub-specialty training for Palestinian doctors and nurses in various countries. The countries where this training is being provided include the UK, Lebanon, Jordan, and Canada, through partnerships with the Foundation for Al Quds University Medical School (FQMS).

The program provides opportunities for training in vital areas where there is a shortage of specialists, which is essential for improving the quality of healthcare services in Palestine. It also aims to empower human resources in the health sector by ensuring the availability of trained and qualified medical specialists in Palestinian health institutions. This is particularly important in Palestine, where there is a shortage of healthcare professionals.

Moreover, the program supports the development of local expertise in medicine and nursing. By investing in the professional development of doctors and nurses, Juzoor is contributing to the long-term development and sustainability of the healthcare sector in Palestine.



To Date...

70 SCHOLARSHIPS were GRANTED

45 DOCTORS
COMPLETED
their training and
RETURNED

25 ONGOING

This program provides a more equipped and sustainable Palestinian healthcare system by increasing the number of qualified doctors and nurses in a wide range of specialties and minimizes the burden of referrals abroad.

Bridging to Family Care in Palestine /for Delivery of the Transitional Training Programme (TTP) in Primary Health Care (PHC) Centers



This project is a collaborative initiative between Juzoor, the Italian Agency for Development Cooperation, Medical Aid for Palestine (MAP), and Foundation for Family Medicine in Palestine (FFMP). The goal is to implement bridging to family health care (FHC) for primary health care (PHC) staff in PHC centers throughout Palestine.

The project's includes supporting the efforts of the Ministry of Health (MoH) and UNRWA in introducing and converting to the Family health approach at the PHCC facilities. The TTP training offers a unique opportunity to deliver online training, which is particularly important in areas where there are restrictions on freedom of movement for Palestinians. The TTP training has had a positive effect on PHC staff performance, including improving clinical task performance, enhancing communication with patients, and focusing on person-centered care. The TTP training reflects on the Palestinian Health System Context.

Three MoH directorates, namely Jenin, Salfit, and Jericho, were selected for the Transitional Training Program (TTP) implementation, with a total of 14 Primary Health Care Centers (PHCCs), 12 of which are MoH and 2 are UNRWA.



- 110 PHC staff enrolled in TTP blended program
- 92% completed modules, assessments, and engaged in workshops
- A cadre of PHC staff who have acquired appropriate knowledge, skills and attitudes to bridge to FHC and become effective members FHC teams and potentially future facilitators.

Juzoor's Policy Dialogue & Advocacy Program

As a national development organization, Juzoor recognizes the importance of working closely with relevant institutions in Palestine, such as the Ministry of Health, Ministry of Education, Ministry of Social Development, and Ministry of Women's Affairs. These institutions lead the national strategy for development in the Palestinian health sector and play a critical role in shaping policies related to health and social services. To prioritize healh and social policies, Juzoor engages in various advocacy efforts, including:

Development of white papers on specific policies

- Participation in regional and international conferences and advocacy campaigns
- Preparation of research, and development of reliable sources of information.
- Actively involved in policy dialogue to ensure that the voices of the Palestinian people are heard and that policies are developed with their needs in mind.

Additionally, Juzoor recognizes the importance of addressing the needs of neglected areas in Palestine, particularly in Gaza and Jerusalem. To ensure that its work reaches these areas, Juzoor maintains an office and a team of capable staff and consultants, as well as a good network of partner NGOs.

In Gaza, Juzoor has been able to provide quality interventions to support the fragile health system. The focus of Juzoor's work in Gaza ranges from providing emergency system support and training to improving infection prevention practices, providing specialization scholarship opportunities to physicians, and assessing postnatal care services. By addressing these critical areas, Juzoor hopes to make a positive impact on the health and well-being of the people in Gaza.

KEY FIGURES IN 2022

2 NATIONAL CONFERENCES

4 COALITIONS AND FORUMS

2 NATIONAL CAMPAIGNS





<u>The Palestinian Network for Early Childhood Development</u>



The Palestinian Network for Early Childhood, an extension of the Arab Network for Early Childhood, prioritizes the rights, happiness, and well-being of children in Arab countries. It aims to put early childhood on the national agenda and develop national programs aligned with global goals, advanced theories, and the National Strategic Plan. Early Childhood Development in Palestine faces unique challenges due to the Israeli occupation. Palestinian children and their families are affected by unjust policies, war, violence, loss, and displacement. These challenges impact their mental, physical, and psychological well-being, learning outcomes, economic prospects, and future stability. To address these challenges, the Palestinian Network integrates comprehensive, multi-dimensional, and multi-sectoral development interventions for early childhood with humanitarian interventions. It adopts programmatic models that improve the conditions and stability of children, meet their needs, and address their concerns.

The Palestinian Network actively contributes to the development of holistic early childhood concepts through valuable programs at the community, institutional, and policy levels. It advocates for the rights and issues of childhood development and emphasizes the integration of different sectors for comprehensive care. The network focuses on the nurturing care framework, which includes health care, proper nutrition, a supportive environment, food security, social interaction, and positive parenting.

Con't of the Palestinian Network for Early Childhood Development



UNICEF and the United Nations serve as advisory members to the network. The network also works with national partners to unify concepts and implement optimal interventions for high-quality and sustainable early childhood programs. It seizes the current opportunity to address early childhood issues and their impact on academic, psychological, and societal outcomes. The network aims to leverage programs and grants through proposed projects to have a positive and lasting impact on Palestinian society.

The network emphasizes the integration and cohesion between humanitarian and development programs to serve early childhood on immediate and long-term levels. It actively works to align emergency and humanitarian inputs with development programs, ensuring a holistic approach to support early childhood development.





Palestine Adolescence Health Coalition



In May 2018, Juzoor collaborated with the Ministry of Health (MoH) and the United Nations Population Fund (UNFPA) to establish the Palestine Adolescence Health Coalition. The coalition was formed with the aim of addressing the health needs of adolescents in Palestine, particularly in the areas of sexual and reproductive health.

Since its inception, the coalition has grown to include 30 member organizations, which comprise of both national and international organizations, UN agencies, as well as the Ministry of Health and Ministry of Education. Through its various initiatives, the coalition aims to improve the health outcomes of adolescents in Palestine and ensure that they have access to the resources and support they need to lead healthy and fulfilling lives.

The coalition's main achievements for 2022:

- The coalition supported the MoH in initiating the Adolescent Health Unit in the MoH and has developed the strategic framework for SRHR for adolescents.
- 15 trainings were conducted to build the capacity of the Coalition members on SRHR of adolescents including people with disabilities, how to communicate with adolescents and cyber-safety.
- The launch of the national strategy for adolescent and youth health.



Adolescent and Youth Health Conference 2022



Juzoor, in collaboration with the Palestinian Coalition for Adolescent Health and the Adolescent Health Coalition, recently organized the third Adolescent Health Conference 2022 in the West Bank and Gaza. The conference was titled "Adolescent and Youth Health...Influential Media Towards our Youth" and aimed to raise awareness about the challenges faced by adolescents in Palestine, particularly during emergencies, and how these challenges can be addressed.

The conference provided a platform for experts and stakeholders to share their knowledge and experiences on topics related to adolescent health. One of the key topics discussed was the impact of social media platforms on adolescent health, including their mental and sexual and reproductive health. The conference aimed to examine the role of social media in shaping the attitudes and behaviors of adolescents and to develop strategies to promote positive health outcomes.

The conference was supported by UNFPA and OXFAM. The conference also aimed to promote collaboration among stakeholders to ensure that the health needs of adolescents are met in a comprehensive and sustainable manner.







Palestinian Health Policy Forum (PHPF)



Juzoor recognizes that health is a basic human right and is not just a biological state that focuses on diseases and patients, but a social, economic, and political issue that is directly connected to national development and affected by multiple factors. To strengthen and support national health policy in a manner that is consistent with human rights and social justice, Juzoor was one of the co-founders of the Palestinian Health Policy Forum (PHPF) and has been hosting it since its inception in 2005.

The PHPF aims to influence decision-makers to adopt policies and strategies suitable for the Palestinian development context and respond to the needs and aspirations of people, ensuring universal access to quality health care. The vision of the PHPF is to contribute to the creation of a Palestinian Health System that is able to respond to the health needs of the Palestinian people and to the challenges of the current context.

The PHPF also emphasizes the importance of public participation in planning, implementation, and evaluation of strategies, adopting an evidence-based approach to choosing interventions and health programs, and providing quality health care in a sustainable manner that contributes to the improvement of the health situation of the Palestinian community in coordination with other development sectors.

By founding the PHPF, Juzoor is a key player contributing to the reform of the health sector and to revitalize public debate related to health policies and programs in a way that is consistent with Palestinian national interest. Through the PHPF, Juzoor is making a positive impact on the health and well-being of the Palestinian people and to ensure that health is recognized as a basic human right.



Healthy Ageing Coalition



In 2022, Juzoor took the initiative to establish a new coalition known as the Healthy Ageing Coalition. This coalition brings together notable organizations such as the Ministry of Health/Elderly Unit, Ministry of Social Development, Education for Employment (EFE), UNRWA, El Wedad Society for Community Development, Forum of Expertise, Caritas, Augusta Victoria Hospital, Inash Al Usra, and Juzoor.

The Healthy Ageing Coalition aims to address the specific needs and challenges faced by the elderly population, improve the quality of life for elderly individuals, enhance their social inclusion, and ensure they receive the support and resources necessary to age in a healthy and dignified manner.

Moving forward, the coalition will actively engage in research, program development, and advocacy initiatives to address the multifaceted needs of the elderly population. By pooling their expertise and resources, the coalition members are committed to making a lasting and positive impact on the lives of older individuals in our community.





November Diabetes Awareness Campaign



Every year in November, Juzoor organizes a campaign to promote awareness about diabetes prevention and management. This year, Juzoor collaborated with the Ministry of Health, Bank of Palestine, World Diabetes Foundation, and Lions Club International to hold the campaign with the slogan "Life is sweeter with less **sugar"**. The aim of this campaign was to encourage people to adopt healthy lifestyles and make positive changes to their diet to prevent diabetes and manage the condition effectively.











TO HONOR WORLD DIABETES MONTH, THIS YEAR...

3,000 PEOPLE were reached through the AVH MOBILE CLINIC where they were provided screening and treatment services

15 SCHOOLS AND UNIVERSITIES received AWARENESS SESSIONS in the West Bank and Gaza

5 HEALTH CLINICS received diabetes equipment in the West Bank and Gaza

500,000 PEOPLE were reached through national radio spots conducted by Juzoor's team to shed some light on the facts of diabetes in Palestine

AWARENESS BOOTHS were set up in 3 hospitals in Toubas, Bethlehem and Ramallah governorates

200,000 VIEWS on partner and Juzoor's social media platforms highlighting the campaign activities and related posts

Breast Cancer Awareness Campaign





Juzoor's yearly breast cancer campaign is an important initiative that aims to raise community awareness of breast cancer risks, symptoms, and diagnosis, as well as how to perform breast self-exams. In 2022, the campaign was supported by the Episcopal Church in Jerusalem and the Middle East and in collaboration with St. Luke's Hospital in Nablus. The targeted areas for the campaign were Nablus, Tubas, and Jenin. This year, Juzoor organized the 2020 national breast cancer awareness campaign under the slogan "We are Stronger Together." The main objectives of the campaign were to identify risky cases and refer them to designated

facilities, raise community awareness of breast cancer risks, symptoms, and diagnosis, and conduct psychosocial support sessions for breast cancer patients and survivors. The impact of the awareness sessions was significant, 5 risky cases were identified and referred to appropriate facilities.

The psychosocial sessions also had a positive impact on breast cancer patients and survivors. They increased their level of self-understanding and their ability to identify their strengths and weaknesses, and how to raise and support these strengths at the expense of decreasing the level of their weaknesses. Furthermore, they increased their ability to locate people and individuals in relation to them, by locating them in the circles of social relations, and their level of positive and effective communication and communication, and their ability to set their own boundaries.

MAIN ACHIEVEMENTS OF THE BREAST CANCER AWARENESS CAMPAIN

2,000 women and 525 men benefited from awareness sessions and received informational booklets on breast cancer

500 women referred for a mammogram exam

5 of the 500 cases were diagnosed with abnormal findings and referred to designated facilities for treatment, including psychosocial support groups

Psychosocial support group sessions conducted

Juzoor's Governance

Our Board of Directors adhere to the same principles and work to support, fundraise, and advocate for Juzoor's field activities and operations.

Dr. Salwa Najjab

Chairperson

Dr. Saro Nakashian

Vice Chairperson: General Manager at Palestinian Education for Employment Foundation (PEFE)

Dr. Bassam Abu Hamad

Vice Chairman, Gaza: General Coordinator of Public Health Programs, School of Public Health, Al-Quds University

Dr. Enas Dahadha

Secretary: Lecturer in Birzeit University

Ms. Vera Pano

Treasurer: Health Education Supervisor, UNRWA

Dr. Jumana Budieri

Board Member: MD, MPH, Public Health MSc

Ms. Manal Warrad

Board Member: Programs Director,

Jerusalem Media and Communications Center

Mr. Ragheb Budeiri

Board Member: Consultant at the World Bank

Dr. Nabegha Abu Shahla

Board Member: MPH, Public Health MSc - Medical Relief Society



Juzoor's Staff

Dr. Umaiyeh Khammash *Executive Director*

Lama Hasan *Director of Finance & Administration*

Dr. Yehia Abed *Gaza Office Director*

Rihab Sandouka *Director of Programs*

Ahmad Khaled Senior Finance & Administrative Manager

Jennifer Dabis Senior Policy & Advocacy Manager

Majd Hardan *Marketing & Communication Senior Manager*

Dr. Elias Habash *Family Health Advisor*

Khawla Abudiab Family Health Advisor

Faten Tannous *Senior Training Manager*

Marina Zayed Senior Project Manager

Shaban Mortaja Senior Project Manager Ivan Carmi Project Manager

Haneen Safi
Financial Officer
Haneen Khoury
Accountant

Yousef RabahIT & Website Officer

Geroge Aburdeneh *Logistics Officer*

Sireen Khammash *Project Manager*

Rania Abuaita *Project Manager*

Ansam Shakhshir *Project Manager*

Ameed Al-Assali *Training Program Officer*

Dina Moghrabi *Project Coordinator*

Lourd Salameh *Project Coordinator* **Sally Dihmes** *Project Coordinator*

Majd Quran *Project Coordinator*

Abeer Al-Jamal *Field Coordinator*

Khadrah Dweib Field Coordinator

Abeer Jaber *Field Coordinator*

Moath Hajiji Office Support

Sara Shawamreh *Office Support*

Arafat Shnaina *Driver*

Thank you for you support

Juzoor's team would like to thank all our partners and donors who support our mission. Your timely and effective actions in support of our mission allows us to act on a daily basis in the field and to launch quality projects and intervention to meet the needs of vulnerable populations in Palestine.

Arab Fund for Economic and Social Development

UNICFF

UNFPA

UN Women

UNRWA

Save the Children

OXFAM

World Diabetes foundation

Work Health Organization (WHO)

Amplify Change

World Food Program (WFP)

World Vision

US Consulate

Lions Clubs International

Finance for Jobs (F4I)

Education for Employment (PEFE)

Portland Trust

Care International

World Bank

Italian Agency for Development Cooperation AICS

The International Committee for the Development of

Peoples (CISP)

KIT Royal Tropical Institute

The Swiss Tropical and Public Health Institute (Swiss TPH)

Bank of Palestine

Augusta Victoria Hospital

Help Age International

Ard Fl Insan

PAI CH - Palestine's Children

Palestine Child Institute

Eastern Mediterranean NCD alliance

Palestinian Family planning association

Arab Network for ECD

Early Childhood Resource Center (ECRC)

Health Care Accreditation Council (HCAC)

Catholic Relief Services (CRS)

Tomorrow`s Youth Future

Institute of Human Nutrition - Columbia University

Royal College of Surgeons of Edinburgh

Center for Global Surgery (CGS), McGill University

Palestinian Medical Council (PMC)

Augusta Victoria Hospital

Al Makassed Hospital

Al Quds University

Al Najah University

Birzeit University

American University of Beirut, School of Medicine

Arab Resource Collective, ARC, Beirut

Arab Coalition for Adolescent Health and Medicine

MENA Health Policy Forum

The Foundation for Al-Quds University Medical

School (F.Q.M.S.)

Palestinian Health Policy Forum

Inash Al Usra



