

AUGUST NEWSLETTER

HEALTH & NUTRITION UNIT

The Triple Burden of Malnutrition Among Children in Palestine

Juzoor for Health and Social Development held the conference "The Triple Burden of Malnutrition Among Children in Palestine: Confronting the Nutritional Paradox," bringing together key stakeholders, experts, and professionals to discuss the current nutrition challenges facing children in Palestine.



The conference focused on undernutrition, micronutrient deficiencies, and overweight and obesity, while highlighting evidence, national experiences, ongoing interventions, and opportunities to strengthen coordinated action to improve child nutrition and promote healthier food environments.

The conference was attended by **70** participants and included four main sessions addressing key aspects of child nutrition and the triple burden of malnutrition. An open question-and-answer session was held between Sessions **2 and 3**, providing participants with an opportunity to discuss and clarify key issues. The conference concluded with a finalization and closing session summarizing the main discussions and outcomes.

The conference was organized in cooperation with the Palestinian Ministry of Health, the Ministry of Education and Higher Education, and the Palestinian Pediatric Association, in partnership with the NGO Development Center (NDC), and with support from the Swedish International Development Cooperation Agency (Sida).



Training on Early Detection of ECD Delays and Disabilities in Children in Nurseries

Under the Primary Healthcare NGO Consortium Juzoor conducted a two-day training aimed at strengthening the knowledge and skills of nursery supervisors and caregivers, enabling them to provide safe, healthy, responsive, and stimulating care that supports children's growth, development, learning, and wellbeing.

The training was based on the components of the Nurturing Care Framework outlined in the National Early Childhood Development Strategy.

The training was delivered by two trainers and attended by **22** participants, who strengthened their knowledge and skills related to safe, healthy, responsive, and stimulating care for children through discussions and practical activities.

Nutrition and Psychosocial Support (PSS) Sessions for Pregnant and Breastfeeding Women and Mothers of Children Under Five



Juzoor, building on its experience in community-based nutrition and SBCC interventions and previous collaboration with WFP, is implementing an integrated project to improve the nutritional well-being, resilience, and health-seeking behaviors of vulnerable women and households in the Northern West Bank. During Phase 1, the project targets 1,039 pregnant and breastfeeding women and mothers of children under five, organized into 42 groups across Jenin, Nablus, and Tulkarem, through nutrition education, psychosocial support, cooking demonstrations, community outreach, screening, and referral services.

To support implementation, **18** Juzoor field staff were trained on nutrition, psychosocial support, safeguarding, and PSEA/PSEAH, complemented by adapted training materials, Juzoor's Helpline, and continuous monitoring and facilitator follow-up. The interactive sessions cover key topics including Psychological First Aid, stress management, positive parenting, the First **1,000** Days, malnutrition and anemia prevention, breastfeeding and complementary feeding, healthy cooking, and food safety, while encouraging beneficiaries to exchange experiences and apply practical knowledge in their daily lives.

Palestine National Diabetes Program – Phase III

Under the WDF Prediabetes Program, **239** patients were identified across seven UNRWA clinics. Since August 2026, participants have received nutrition education and physical activity sessions to support healthier lifestyles and reduce their risk of developing diabetes.



EMPOWERMENT & PROTECTION UNIT

MENTAL HEALTH MATTERS PROJECT

1) Helpline for Psychological First Aid and Psychosocial Support | Gaza Strip and West Bank – Remote telephone-based service

Throughout August, Juzoor continued providing confidential Psychological First Aid (PFA) and psychosocial support through its helpline, offering a safe space for individuals to express their concerns, receive emotional support and coping guidance, assess immediate needs and risks, and access specialized protection, health, or psychosocial services when needed.

The helpline team supported and followed up on **55 case records**, including both new and previously registered cases. Support addressed distress related to conflict, displacement, loss, family violence, financial hardship, anxiety, and challenges affecting children and caregivers. Services included active listening, emotional containment, grounding techniques, safety assessments, follow-up calls, and referrals or service information.



The MH Matters projects are in partnership with CARE Palestine, through the Belgian agency for international cooperation (Enabel), with the support from the Belgian government.

2) Regular Supervision Sessions for School Counselors

Juzoor continued its regular online supervision sessions for school counselors in Jerusalem, Jerusalem Suburbs, Qalqiliya, Hebron, North Hebron, South Hebron, Yatta, Tubas, Jenin, Nablus and South Nablus, combining reflective and technical support through case discussions, peer feedback, role play, and practical guidance on Psychological First Aid, grief and loss, case management, referral pathways, self-care, and school-family collaboration.

A total of **32** supervision sessions were conducted for 16 counselor groups, with **309** attendance instances recorded. The sessions strengthened counselors' confidence and practical skills in managing complex cases, providing psychosocial support, identifying risks, and coordinating appropriate referrals.

POWERED BY WOMEN (PBW) PROJECT

Implemented by Juzoor in partnership with CARE Palestine and with support from the Norwegian Agency for Development Cooperation (Norad).

1) Comprehensive Sexuality Education Training for Adolescents

Juzoor conducted a three-day Comprehensive Sexuality Education (CSE) training for adolescents aged 14–17, at Al-Shorouq Association, Dheisheh Refugee Camp, Bethlehem creating a safe and participatory space to discuss adolescence, sexual and reproductive health, gender, protection from violence and abuse, early marriage, and online safety.



The training reached **23** adolescents – **12** girls and **11** boys, with 13 participants completing all three days. Participants strengthened their knowledge and skills related to healthy adolescence, protection from violence and exploitation, safe support networks, and safe internet use.

2) Intergenerational Dialogue Session



Juzoor conducted an intergenerational dialogue session bringing together adolescents and female caregivers to promote open communication and mutual understanding around adolescence, sexual and reproductive health, and family support.

Through interactive activities at Al-Shorouq Association, Dheisheh Refugee Camp, Bethlehem, participants explored trust, privacy, independence, family boundaries, and the emotional and physical changes experienced during adolescence.

The session reached **29** participants: **19** adolescents – **9** girls and **10** boys – and 10 female caregivers. Participants reported improved listening, greater understanding of one another's perspectives and needs, and a commitment to continue constructive dialogue within their families.

3) SRHR, GBV Prevention and Awareness Campaigns Training



Juzoor conducted a three-day training on Sexual and Reproductive Health and Rights (SRHR), gender-based violence (GBV) prevention, and awareness campaign design. Held at Khillet Al-Maiya Municipality in Yatta,.

The workshop combined knowledge-building with practical group work to develop peer-led campaign ideas, key messages, communication channels, and initial digital content.

A total of 26 participants registered – 21 women and 5 men. Participants strengthened their knowledge of SRHR, protection and reporting mechanisms, early marriage, menstrual health, and GBV prevention, while developing practical skills in campaign planning, content creation, digital safety, teamwork, and public speaking.

4) Presentation of the SRHR and GBV Barriers Analysis and KAP Assessment

Juzoor hosted a presentation session of the Barriers Analysis and Knowledge, Attitudes and Practices (KAP) Assessment on SRHR and GBV in the West Bank. The session presented findings on barriers affecting adolescents, youth, women, and men in accessing information, services, and protection, followed by discussions on recommendations for more integrated and inclusive programming.



The assessment highlighted gaps in awareness, confidentiality, and service access, while identifying opportunities to promote women's rights and leadership, engage men and boys, and strengthen community dialogue around SRHR, emotional wellbeing, and shared responsibility.

5) Women Lead in Emergencies: From Capacity Building to Grassroots Response

Building on the establishment and training of local women's groups, August marked a transition from baseline analysis to community action. Through weekly intensive workshops held across seven governorates during July and August, women analyzed gender roles and local emergency dynamics and translated their findings into community-led initiative plans addressing women's immediate needs.

Women's groups from Bethlehem, Hebron, Jericho, Ramallah, Tubas, Nablus and Jenin finalized localized emergency-response action plans and prepared to begin implementation with continued technical guidance from Juzoor and CARE Palestine.



6) Training for the Women Protection Network in Tubas Governorate

Juzoor conducted a two-day interactive training to strengthen members of the Women Protection Network in Tubas Governorate in GBV programming, survivor-centered approaches, safe referral, case management, confidentiality, and coordination among protection actors.

Participants applied their learning to realistic case scenarios and strengthened decision-making around safe referrals, confidentiality, professional boundaries, and coordination. The training also provided a safe professional space to reflect on the pressures faced while delivering protection services in emergency and resource-constrained settings.



7) Strengthening the Women Protection Network in Jenin

Juzoor conducted a two-day training for Women Protection Network members on GBV programming, protection, safe referral, and case management. Professionals from different sectors used interactive exercises, case studies, and practical discussions to strengthen coordinated, survivor-centered protection responses.

The training held at the Child Cultural Center in Jenin, strengthened participants' understanding of violence indicators, professional inquiry, safe referral, risk assessment, survivor-centered approaches, and multisectoral coordination. It also highlighted system-level gaps and reinforced the importance of connecting women accessing health, social, legal, or other services with the protection system.

HELPING THE HELPERS PROJECT



MHPSS Training for Frontline Workers

Juzoor implemented targeted Mental Health and Psychosocial Support (MHPSS) workshops for frontline professionals working under intense structural pressure and repeated exposure to emergency conditions. A specialized track also supported frontline journalists who face continuous trauma exposure but have limited access to structured psychosocial support and stress-management training.

The two specialized training tracks at Jenin and Nablus and Gaza under the Helping the Helpers Project implemented by Juzoor for Health and social development In partnership with ANERA and funded by the European Union, reached **50** frontline responders, including healthcare professionals and journalists. Participants gained practical self-care, peer-support, and stress-management tools, strengthened their ability to provide Psychological First Aid, and improved their recognition of burnout and secondary traumatic stress.

AMALI: EMPOWERED WOMEN AND YOUTH FOR RESILIENT COMMUNITIES PROJECT – WEST BANK



Juzoor conducted two (three days) trainings for local community organizations on Sexual and Reproductive Health and Rights (SRHR), GBV, and referral mechanisms. The trainings strengthened participants' ability to understand core concepts, identify relevant protection needs, provide appropriate initial information and support, and safely and confidentially guide beneficiaries to specialized services.

The two trainings reached 34 participants – **17** in Tulkarem and **17** in Yatta.

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 and in partnership with Juzoor for Health and Social Development.

ENVIRONMENTAL HEALTH UNIT

STRENGTHENING THE RESILIENCE OF LOCAL POPULATIONS AND STRUCTURES IN THE PALESTINIAN TERRITORIES PROJECT

1) Basic Life Support (BLS) Trainings

In Collaboration with the Continuing Professional Development (CPD) Unit at Juzoor, a three Basic Life Support (BLS) training sessions was conducted in partnership with the Palestinian Ministry of Health for **45** health professionals nominated by the Ministry. Two sessions were held at Juzoor's office in Ramallah, while the third was conducted at the Royal Suites Hotel in Nablus.

2) Engineering and Needs Assessments

Engineering and needs assessments were conducted for selected schools, community spaces, and health clinics targeted by the project. Assessments covered Ein al-Baida (Tubas), Asira Al-Shamaliya (Nablus), Azzoun (Qalqilya), Baqa Al-Sharqiya (Tulkarm), Deir Abu Mash'al, Nilin and Shabtin (Ramallah), and Zaweh (Salfit).

3) Establishment of Disaster Risk Management Committees

Six local Disaster Risk Management (DRM) committees were established in Kardala, Bardala, Ein al-Baida, Zaweh, Azzoun and Jiftlik. The first introductory training workshop was conducted with the Zaweh DRM Committee, covering disaster risk management, the role and structure of the Palestinian Civil Defense, and the upcoming training plan.

Six DRM committees were established, while 15 participants attended the first workshop in Al-Zaweh.



4) Memorandum of Understanding with the Ministry of Education

Juzoor developed a Memorandum of Understanding (MoU) with the Ministry of Education to support the rehabilitation and renovation of sanitary facilities in eight schools located within the project's targeted areas.

Project is Implemented by Juzoor for Health and Social Development In partnership with Johanniter International Assistance With support from the German Federal Ministry for Economic Cooperation and Development (BMZ) and Aktion Deutschland Hilft – ADH

TRAINING & CAPACITY DEVELOPMENT DEPARTMENT

1) Renewal of AHA Certification for Juzoor as a Training Center

Juzoor successfully renewed its certification as an American Heart Association (AHA) Training Center for an additional three years. This milestone reinforces Juzoor's capacity to continue providing internationally recognized emergency and resuscitation training to healthcare professionals.



2) ACLS and BLS Instructor Monitoring and Certification Renewals

Juzoor continued strengthening the quality and sustainability of its resuscitation training through the monitoring and renewal of 7 ACLS and BLS-certified instructors. These activities help ensure that Juzoor's instructors remain up to date and able to deliver training in line with international standards.



3) Basic Surgical Skills (BSS) Training

Juzoor conducted a Basic Surgical Skills (BSS) training course, providing participants with practical skills relevant to surgical practice. The training was delivered as part of Juzoor's continued efforts to strengthen surgical education and professional capacity in Palestine.

The 20th BSS course was successfully completed by 21 participants, who received certification from the Royal College of Surgeons of Edinburgh.



4) Participation in the Scottish Surgical Boot Camp

Two Juzoor BSS faculty members participated in the Surgical Boot Camp organized by the Royal College of Surgeons of Edinburgh. The visit represented an important investment in professional development, international exposure, and institutional capacity building, while providing an opportunity to learn from the Scottish model of surgical education.

The activity is ongoing, with **2** BSS faculty members participating in the Surgical Boot Camp and gaining international exposure to approaches in surgical education and training.

5) BLS Training for Saint Luke Hospital Staff

Juzoor conducted **9** BLS training sessions for 56 staff members of Saint Luke Hospital, strengthening their knowledge and practical skills in basic life support and emergency response. The trainings contributed to achieving the planned target and finalizing the BLS training plan.

6) First Aid and CPR Training for the Jibia Community

Juzoor delivered a First Aid and CPR training for **9** community members from Jibia, equipping participants with essential skills to respond to emergencies and provide immediate assistance.

As part of the activity, first aid bags and fire extinguishers were also distributed to support community preparedness and emergency response.

Both training activities were implemented under the project in partnership with Johanniter International Assistance With support from the German Federal Ministry for Economic Cooperation and Development (BMZ) and Aktion Deutschland Hilft – ADH



GAZA STRIP RESPONSE

1) Delivering Integrated Health and Psychosocial Services Across Gaza

Throughout August 2026, Juzoor continued providing essential health, nutrition, rehabilitation, and psychosocial services to communities across the Gaza Strip despite severe shortages and access constraints. A total of **106,316** beneficiary service contacts were recorded across Gaza, North Gaza, Deir Al-Balah, and Khan Younis.

General clinical services and trauma care accounted for the largest share, reaching **64,082** beneficiaries. Juzoor also provided sexual and reproductive health services to **17,951** beneficiaries, follow-up and treatment for non-communicable diseases to **13,769** people, and child health and adolescent awareness services to **8,558** beneficiaries. Mental health and psychosocial support services reached **1,502** people, while **447** beneficiaries received rehabilitation services and assistive devices.



2) Nutrition Screening, Treatment and Support

Juzoor continued its nutrition screening and treatment activities for children and pregnant and breastfeeding women. During August, **2,461** children were screened, identifying **166** cases of malnutrition, including **26** cases of severe acute malnutrition and **140** cases of moderate acute malnutrition. An additional **397** children were identified as being at risk of malnutrition.



A total of **2,671** pregnant and breastfeeding women were screened, with **160** cases of malnutrition identified. Through the follow-up and treatment programme, Juzoor supported **843** children receiving treatment for malnutrition and **1,229** pregnant and breastfeeding women. During the month, **163** children recovered and were discharged from treatment, while **12** cases were referred to hospitals for specialized care.

To support children and women facing nutritional risks, Juzoor distributed therapeutic and supplementary nutritional products, including preventive supplements for children, ready-to-use complementary and therapeutic foods, Supercereal Plus, and supplements for pregnant and breastfeeding women.

3) Nursing, Awareness and Psychosocial Support

Juzoor's teams provided **778** nursing services during August, including blood pressure and blood glucose measurements, wound dressing, and laboratory testing.

Four health education and psychosocial support sessions were also conducted, reaching **210** beneficiaries. These activities helped communities strengthen their awareness of preventive healthcare, healthy practices, emotional wellbeing, and available support services.

4) Supporting Older People and People with Chronic Diseases

Juzoor continued expanding services for older people and individuals living with chronic and non-communicable diseases. At the Al-Mashala Clinic in Deir Al-Balah, **609** services were provided to **320** men and **289** women. The services included screening, treatment, and follow-up for hypertension, diabetes, heart disease, respiratory conditions, arthritis, osteoporosis, skin conditions, and other health concerns.

At the Al-Nasr Clinic for Older Adults in Gaza Governorate, **348** patients received care, generating **854** medical consultations and services. The clinic provided blood pressure and blood glucose monitoring, follow-up for hypertension and diabetes, nursing care, and internal medicine consultations.

In addition, 217 patients were referred for specialized medical services, including cardiology, neurology, ophthalmology, orthopaedics, dermatology, general surgery, and gynaecology and obstetrics.



5) Breastfeeding Support

Juzoor continued monitoring breastfeeding practices and supporting mothers, particularly those facing increased health or nutritional risks. The reported rate of exclusive breastfeeding was **59.3%**, while breastfeeding among infants up to six months reached **87%**. The programme supported **120** mothers with children under two years of age and followed up with **646** high-risk mothers across North Gaza, Middle Gaza, and southern Gaza.



6) Rehabilitation - Assistive Devices

Throughout August, Juzoor continued providing rehabilitation and assistive-device services to people affected by injuries, disabilities, and mobility limitations across the Gaza Strip. A total of 447 people benefited from these services during the month.

The support focused on helping individuals improve their mobility, regain greater independence, and carry out daily activities with increased safety and dignity.



7) recreational Activities for Amputees

Juzoor organized recreational and sports activities for people with amputations in Gaza, aiming to promote physical and psychosocial well-being, strengthen social inclusion, and provide a supportive space for participants to regain confidence and engage with their communities. The activities included a volleyball match for young men and a football match for young women.

Continuing Services Amid Severe Challenges

Despite these achievements, Juzoor's teams continued to face serious operational challenges, including shortages of essential supplies, medicines, HbA1c test strips, and other laboratory tests. Movement restrictions and difficulties arranging transportation also limited access to clinics, particularly for people with disabilities and others requiring additional assistance.



+972 241 4488



+972 241 4484



info@juzoor.org



<http://www.juzoor.org>



JUZOOR for Health & Social Development



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juzoor.ps