SEPTEMBER 2026 NEWSLETTER

This month, Juzoor continued bringing health services closer to communities, supporting women and adolescents, and strengthening the skills of healthcare providers. This issue shares updates on nutrition, diabetes care, home visits, protection and community resilience in the West Bank, with essential health services and psychosocial support in Gaza.

HEALTH & NUTRITION UNIT

Supporting mothers and preventing malnutrition

Through the World Food Programme (WFP) project, Juzoor reached 1,039 women in **42** groups across Jenin, Nablus and Tulkarem. Mothers of children under five, pregnant women and breastfeeding women participated in sessions combining nutrition education with psychosocial support.



The team delivered **84** sessions: **42** on healthy eating, the first **1,000** days, and the prevention of malnutrition and anemia; and **42** on stress management, emotional well-being, Psychological First Aid and positive parenting. **12** cases were referred to the Ministry of Health for further support related to malnutrition and iron deficiency.



Bringing health services into the home

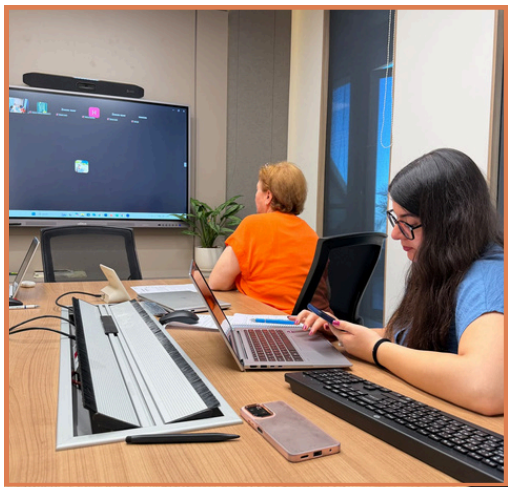
Community Health Workers reached 392 beneficiaries through home visits in Bethlehem, Hebron, Nablus, Tubas and Jenin. Services supported children, women of reproductive age, pregnant and breastfeeding women, adults over 40 and older persons, combining health assessments with counseling, screening and referrals.

Teams provided **457** counseling services and conducted **137** blood pressure and blood glucose tests, **68** hemoglobin tests and **74** mid-upper arm circumference screenings. They also completed **334** mental health and psychosocial support screenings and **159** gender-based violence screenings. **37** beneficiaries were referred for specialized medical care, anemia management or psychosocial support.

The programme is implemented in partnership with Welthungerhilfe (WHH), Diakonie Katastrophenhilfe (DKH) and International Orthodox Christian Charities (IOCC), with support from the German Federal Ministry for Economic Cooperation and Development (BMZ).

QUALITY CARE AND COMMUNITY RESILIENCE

1) Integrating nutrition and psychosocial support into diabetes care



Under Phase III of the Palestine National Diabetes Program, the WDF Prediabetes Program supported a coaching session for Ministry of Health and UNRWA nurses. The session focused on integrating nutrition counseling and psychosocial support into routine care for patients with noncommunicable diseases, strengthening communication and patient-support skills in primary healthcare clinics.

A patient story from Al Amari Clinic

At Al-Am'ari Clinic, a nutritionist used patients' waiting time to share practical guidance on healthy eating and lifestyle habits. The clinic reported that one patient's HbA1c level fell from **11% to 5%** over three months after adopting carbohydrate counting and healthier lifestyle practices. This individual experience illustrates the role of practical nutrition education in supporting diabetes care.

2) Strengthening safety and protection in healthcare

A two-day workshop in northern Bethlehem brought together 21 healthcare providers to explore food security, hygiene and protection from physical punishment, abuse and neglect. Interactive discussions, practical activities and shared experiences helped participants examine safe and protective practices. Pre- and post-training assessments were used to evaluate learning.

The workshop was implemented under the Primary Healthcare NGO Consortium, in partnership with the NGO Development Center (NDC), with support from the Swedish International Development Cooperation Agency (Sida).



3) Equipping clinics in underserved communities

Under the Strengthening the Resilience of Local Populations and Structures in the Palestinian Territories project in partnership with Johanniter, Juzoor provided essential non-medical supplies and equipment to six health clinics in Al-Zawyeh, Ni'lin, Azzoun, Asira Al-Shamaliya, Baqa Al-Sharqiya and Ein Al-Baida. The activity was carried out in collaboration with the Ministry of Health to support essential health services.





EMPOWERMENT AND PROTECTION

THROUGH THE POWERED BY WOMEN AND AMALI PROJECTS, JUZOOR SUPPORTED DIALOGUE WITHIN FAMILIES, ADOLESCENT LEARNING AND COMMUNITY ACTION ON PROTECTION AND WELL-BEING.

1) Creating space for dialogue across generations

three intergenerational dialogue sessions in Bethlehem, Jericho and Ramallah brought together **88** participants: 61 adolescents and **27** parents and caregivers. The sessions created a safe space to discuss adolescents' needs, the changes they experience and the role of families in supporting them, with a focus on communication and trust.

Adolescents built on their earlier participation in Comprehensive Sexual and Reproductive Rights Session in partnership with Care Palestine under the Powered by Women project.





2) Life skills for adolescents

Three Comprehensive Life Skills Education sessions in Bethlehem, Jericho and Ramallah engaged **64** adolescents aged **14–17**, including **44 girls** and **20 boys**. Interactive activities and age-appropriate discussions explored sexual and reproductive health and rights, changes during adolescence, personal boundaries, protection and safe internet use.

3) Strengthening the Women Protection Network in Jericho

Juzoor delivered a two-day interactive training for members of the Women Protection Network in Jericho Governorate. Participants explored survivor-centered approaches to gender-based violence prevention and response, safe referral pathways, case management, confidentiality and coordination among protection actors.



These activities form part of Powered by Women, implemented by Juzoor in partnership with CARE Palestine, with support from the Norwegian Agency for Development Cooperation (Norad).

4) Women leading awareness in their communities



Women-led Social and Behavior Change Communication initiatives in Tubas, Al-Far'a and Tammun reached **171** women and men aged **18** and above. Activities addressed protection, gender-based violence, sexual and reproductive health, mental health and psychosocial support for persons with disabilities, encouraging inclusive practices and community awareness.

AMALI is funded by the Austrian Development Agency (ADA) and co-funded by the Austrian Development Cooperation (ADC). It is implemented by CARE International in Palestine in partnership with CARE Austria and Juzoor for Health and Social Development.

5) Supporting safe referrals in Nablus and Jenin



Also under Amali **(Two) three-day** training programmes engaged **34** participants from local community organizations, with **17** participants in Nablus and **17** in Jenin. Sessions covered sexual and reproductive health and rights, gender-based violence prevention and response, and safe referral mechanisms. Participants explored identifying protection needs, offering initial support and making confidential referrals to specialized services.

Strengthening Parenting and Child Wellbeing through Training in Jerusalem

Juzoor, in partnership with Choose Love, finalized the Parenting Journey: Nurturing Care facilitator's guide and accompanying training cards for those supporting parents and caregivers of children aged **3–6**, ahead of training planned for October.

Trained facilitators also completed the first round of positive parenting workshops through WhatsApp groups and specially produced short videos. Preparations progressed for a training-of-trainers programme on self-harm prevention, with the final guide approved to support future workshops and school-based initiatives.



TRAINING AND CAPACITY DEVELOPMENT

SEPTEMBER'S PROFESSIONAL TRAINING ACTIVITIES FOCUSED ON EMERGENCY CARE, INSTRUCTOR DEVELOPMENT AND OPPORTUNITIES TO STRENGTHEN SURGICAL EDUCATION IN PALESTINE.



1) Building lifesaving skills with MAP UK

Juzoor delivered (two) one-day Basic Life Support courses for 16 healthcare providers from Medical Aid for Palestinians (MAP UK). The courses focused on knowledge and practical skills in basic life support, emergency response and lifesaving procedures.

2) Maintaining the quality of resuscitation training

A two-day Advanced Cardiovascular Life Support course brought together seven healthcare providers and supported certification renewal for one of Juzoor's International Training Center instructors.

The activity was conducted in collaboration with Arab American University, with monitoring by an ACLS Training Center Faculty member, in accordance with American Heart Association standards. It supported the continued qualification of Juzoor's resuscitation training team.



3) Learning from surgical training in Scotland

Dr. Rafiq Salhab and Dr. Ahmad Abdelhaq, two members of Juzoor's local Basic Surgical Skills faculty, took part in an educational visit to Scotland, coordinated with the Royal College of Surgeons of Edinburgh.

They attended the Scottish Surgical Boot Camp to observe its structure, organization and practical training approach, and explored opportunities to adapt similar models within the local Basic Surgical Skills programme.







GAZA STRIP RESPONSE

1) Maintaining access to essential healthcare

During September, Juzoor recorded 44,183 service contacts across its reported health and psychosocial support services in Gaza. Teams continued providing primary healthcare, nursing, sexual and reproductive health services, emergency care and mental health support to communities in need. Women and girls accounted for **53.7%** of recorded contacts, while services reached children, adults and older persons.

These figures represent service contacts, which may include repeated visits or services for the same person.



2) Responding to illness and supporting chronic care

Communicable disease services accounted for **16,126** contacts, with respiratory, skin and gastrointestinal conditions among the most frequently reported. Juzoor also recorded **7,713** noncommunicable disease contacts, continuing care for people living with hypertension, diabetes and other chronic conditions. Hypertension and Type II diabetes accounted for 2,580 and 2,124 contacts respectively.



3) Nursing care and emergency referrals

Nursing teams provided **11,293** service contacts, including **4,892** wound-dressing contacts and **3,070** blood pressure measurements. Services also included injections, inhalation treatment, blood glucose measurement and diabetic foot care, supporting ongoing treatment and monitoring.

Emergency services recorded **1,913** contacts, including medical and surgical emergencies and **494** referrals for people requiring further care.



4) Reproductive healthcare for women and girls

Juzoor provided **3,260** sexual and reproductive health contacts, including **1,443** antenatal care contacts and 526 family planning contacts. Postnatal care, preconception care and gender-based violence services were also provided, maintaining access to reproductive healthcare.



5) Mental health and psychosocial support

Mental health and psychosocial support services recorded **3,878** contacts. These included **2,400** contacts through awareness activities, **613** Psychological First Aid contacts and **549** counseling sessions, alongside specialized mental health care and referrals.

Persons with disabilities accessed services across communicable and noncommunicable disease care, nursing and psychosocial support, reflecting their inclusion within Juzoor's broader health response.



6) Saad's Journey to Recovery: Regaining Strength and Mobility

Six-year-old Saad from Al-Shati, Gaza, sustained injuries to both legs during a bombing, leaving him with limited mobility and difficulty standing and walking independently. Through **9** physiotherapy sessions, Saad gradually regained strength, balance, and mobility. With the support of a walker, he can now stand and walk short distances with greater confidence.

His father shared: "With therapy, he started to improve and stand on his feet again. This gave us great hope."

We extend our thanks to our partner, CBM – Eastern Mediterranean Programme, for supporting these life-changing rehabilitation services.



Juzoor's Helpline: Health and Psychosocial Support

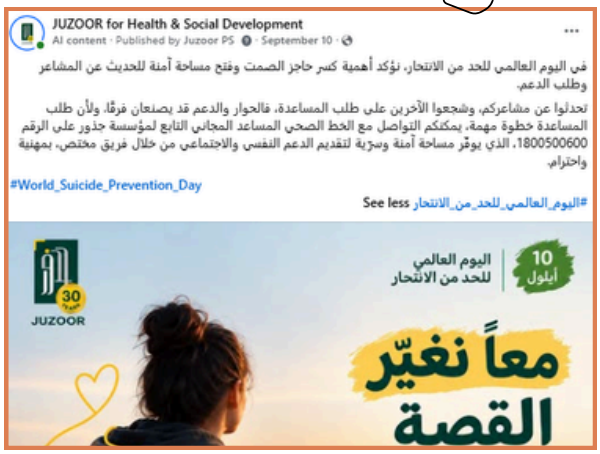
Juzoor's helpline offers a vital connection to health advice and psychosocial support, particularly for people facing barriers to reaching services. It provides a confidential space to ask questions, discuss concerns and receive guidance on seeking further care.

During September, Juzoor's helpline received **91** calls, including **31** for mental health and psychosocial support, **27** for maternal and child health and breastfeeding, **22** for noncommunicable diseases and medical consultations, and **11** for nutrition consultations.

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الخط الصحي المساعد المجاني
Juzoor's Health Help Line

SNAPSHOTS FROM OUR SOCIAL MEDIA

Changing the Story: Starting the Conversation on Mental Health



Juzoor Welcomes WHH Delegation at Al-Naser Health Center / Gaza



Caritas Germany Visit to Juzoor's Office





Juzoor's team visited Lausanne University Hospital (CHUV) in Switzerland to exchange experiences in adolescent health and explore opportunities for collaboration to strengthen services for young people.



Protecting and Supporting Orphaned Children in Gaza



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